

MITCHELL HIGH SCHOOL

Address: Keyworth Drive, Blacktown NSW 2148
 Phone: 9622 9944

Website: www.mitchell-h.schools.nsw.gov.au

RESPECTFUL, ENGAGED AND ACTIVE LEARNERS

May 2022

MITCHELL HS CONTACTS

TELEPHONE

9622 9944

EMAIL

mitchell-h.school@det.nsw.edu.au

ADMINISTRATION OFFICE HOURS

8.30am-3.15pm

(excluding school holidays/public holidays)

EXECUTIVE STAFF

Elena Marinis - Principal

Lee-Anne Pares - Deputy Principal

Catriona Kreiss - Deputy Principal



Important dates to remember

P & C and Parent Forum	Wednesday 25 May
Year 7 and 8 Half Yearly Exams	Monday 6 June Friday 17 June
Public Holiday	Monday 13 June
Subject Selection Information Meeting (Year 8 & 10)	Tuesday 21 June
End of Term 1	Friday 1 July
First day of Term 2	Tuesday 19 July

COVID- smart measures will continue to exist throughout Term 2, particularly heading into the cooler months. Decisions regarding activities are based around health and safety and where possible outdoor or well-ventilated areas are optimal for proceeding with planned activities. I would like to thank the staff at Mitchell High for continually stepping up to support their colleagues and students when there are a high number of absences at times. The staff at Mitchell High are fantastic and make this school the wonderful place that it is. Please continue to be vigilant and follow good personal hygiene practices and if your child exhibits flu like symptoms they should do a test and remain at home until they are well.

Congratulations to all students and parents on the efforts made to ensure our students are looking great. Most student are meeting the high expectation in their uniform and wearing it with pride. It is lovely to see students entering and leaving the school looking so polished. As a reminder, we must ensure that students arrive to school in their full school uniform. This term we will be trialling the option for students who have a practical PE lesson period 1 to come to school in their PE uniform. They must however bring their full school uniform to change into at the end of their PE period. As we are approaching the cooler months, students must remember that hoodies, alternative jackets, non school caps, beanies and coloured undershirts are not part of the school uniform. Only school jumpers and jackets can be worn. Incorrect uniforms will be confiscated and returned at the end of the day. An alternative school jumper may be provided for your child to wear for that day. The uniform shop is open every Tuesday 8.30am to 12 noon and Thursday between 12pm and 4.00pm.



Last week at Mitchell High Year 7 and 9 students sat the NAPLAN assessments. NAPLAN stands for "National Assessment Program - Literacy and Numeracy". NAPLAN helps governments, education authorities and schools to see whether young Australians are reaching important literacy and numeracy goals. It provides information about how education programs are working, areas for improvement. As well as being a snapshot of student literacy and numeracy NAPLAN practices students in a range of examination skills. In particular, their ability to focus for extended periods on one task. Increasingly students are demonstrating far greater problems in focusing on and completing complex tasks that are quite long such as the NAPLAN. Year 7 and 9 are to be commended for their work.

At Mitchell High, our mobile phone policy is that students have their mobile phones turned off and are in their bag during lessons. No exceptions. It is important that students are not distracted by their constant notifications that come up onto their homescreen and then proceed to check these. If your child uses their mobile phone to communicate independently with others or access the internet, it increases the risk that your child will come across content that bothers them. It also exposes your child to risks like cyberbullying, sexting, inappropriate content, and contact with strangers. You can help protect your child from risky or inappropriate content and activities by teaching your child about internet safety. Please talk with your child about: Managing safety and privacy settings on their phone – for example, checking that social media profiles are private and locking the phone with a pin, not entering personal details like name, address or date of birth into online accounts or forms. Accepting new social media friend requests only from people they know face to face, checking which apps use location services and switching off unnecessary ones. This can ensure that your child isn't showing their location to nearby people that they don't know. It is also important to remind your child that they must not share their passwords with their friends.

On Wednesday 18th May we held a face-to-face parent teacher evening, for year 7, 11 and 12. We thank all the parents who came to meet with their child's teacher and discuss how to best support their learning.

Elena Marinis
Principal

SLB

Leaders from Year 8, 9, 10, 11 and 12 were finalised in Term 4 2021. Year 7 was finalised in Term 1 2022. Congratulations to the following students.

Year 7

Charli Booth
Katie Hoeta
Karishma Prakash

Year 8

Zixin Ou
Bailey O'Brien
Arushi Shelar

Year 9

Eloise Viera
Lawrence Chu
Jacob Bailey

Year 10

Shiloh Chang
Tyler Jarman
Amy Lam

Year 11

Diyon Fonseka
Indripta Chatterjee
Lekayah Graham
Mackenzie Fyfe
Nathan Fereig
Tiana Torbica

Year 12

Angelina Demillo
Annabel Lam
Ayesha Baig
Bora Seckin
Gabriel Angulo
Harsimran Singh Nanda
Luanne Vickery
Meisa-Carol Vanderhoeven
Oscar Degollacion
Shantel Borg

The student leadership group have been very active this year. The Leadership and Teamwork camp scheduled for last year and postpone for the last 2 years finally went ahead in week 9 term 1 this year. The camp was an opportunity for the group members to get to know each other, work together and plan activities for the year ahead.

Also in term 1, the students organised a fund raiser for the Lismore Flood where student had the opportunity to throw wet sponges at teacher. The event raised more than \$600 for the flood victims. A big congratulation to the teachers involved and the students who participated in the event.



The captains also attended the Red Shield Appeal Hills Schools Launch. This day had a range of speakers to discuss what the Salvo's do in your local area, inspiring ideas that you could use within a school setting to raise much needed funds and an opportunity to meet with the local Salvation Army Representative to answer any questions.

The student leaders also had the opportunity to network with other school leaders from different schools in the area in the form of Afternoon Tea events after school. The Ponds High School (6th April) and Girraween High (13th May) hosted two separate event where senior leaders were able to share experiences, network, make friends by playing games.



Upcoming events that have been planned for Term 2 is the Boys Night In to watch the first State of Origin NRL game on the 8th June. The event is to help raise awareness about Men's Health Issues and Raising money for the Parramatta Mens Shed.

Mr Chung
SLB Co-ordinator

Special Religious Education

Mitchell High School offers Special Religious Education (SRE) to Years Seven to Eleven. There are six SRE sessions throughout the year, scheduled in assembly periods. Government-approved SRE providers offer an education in Catholic, Protestant, Orthodox and Muslim teachings. Students who do not wish to attend SRE attend Non-SRE classes, where activities focus on development of literacy, numeracy and revision, in accordance with the Special Religious Education Act. Upon enrolment, parents and guardians are provided with a permission note requesting SRE or non-SRE preference to allow allocation of Year Seven (or other grade) students to their preferred SRE or non-SRE class. Students are able to change these classes, with parental or guardian written permission, at any point. Links to SRE providers, including their content, and Scope and Sequences are found on the Mitchell High School website. The dates for SRE in 2022 are: Term One 9/3/22; Term Two 1/6/22 and 29/6/22; Term Three 27/7/22 and 7/9/22; Term Four 30/11/2022

Ms. Beckett
SRE Co-ordinator

We're really excited to announce that our brand new commercial kitchen upgrade is now complete and our senior students are busily utilising the room to showcase their Hospitality and Food Technology culinary skills.

The new kitchen consists of state of the art fittings and appliances, featuring stainless benchtops and sinks, commercial gas cooktops, ovens, microwaves and salamanders as well as an espresso machine and ice machine, which will greatly assist the students during their practical service periods. Students are very enthusiastic to be using the new equipment and preparing food in a true-to-industry environment.





MHS BELL TIMES

Respectful, Engaged & Active Learners

Monday	
8.00am	Period 0 (Year 12)
8.55am	Roll call
9.00am	Period 1
10.00am	Period 2
11.00am	Assembly
11.15am	Recess
11.45am	Period 3
12.45pm	Period 4
1.45pm	Final Bell
1.45pm	Staff Meetings

Tuesday, Wednesday, Thursday, Friday	
8.00am	Period 0 (Year 12)
8.55am	Roll call
9.00am	Period 1
10.00am	Period 2
11.00am	Recess
11.30am	Period 3
12.30pm	Period 4
1.30pm	Lunch
2.00pm	Period 5
3.00pm	Final bell

MITCHELL HIGH SCHOOL

UNIFORM PRICE LIST

Girls Uniform

Junior Year 7 - Year 10

Blouse Short Sleeve Sky	\$28.50
Blouse Long Sleeve Sky	\$30.50
Shorts Formal Navy	\$35.00
Pants Formal Navy	\$40.00
Skirt Formal Tartan	\$50.00
Jumper Fleece Navy	\$30.00
Jumper Wool Navy	\$65.00
Blazer Navy	\$95.00
Tights Navy	\$8.50
Tights Black	\$8.50
Socks White (3pk)	\$11.95

Senior Year 11 - Year 12

Blouse Short Sleeve White	\$28.50
Shorts Formal Navy	\$35.00
Pants Formal Navy	\$40.00
Jumper Wool Navy	\$65.00
Blazer Navy	\$95.00
Tie Navy with Stripes	\$20.00
Socks White (3pk)	\$11.95

Sports Uniform

Polo White/Navy	\$35.00
Shorts Navy	\$28.00
Track Pants Navy	\$40.00
Jacket Navy with Cotton Lining	\$60.00
Jacket Navy with Fleece Lining	\$65.00
Socks White (3pk)	\$11.95

Boys Uniform

Junior Year 7 - Year 10

Polo Short Sleeve Sky	\$28.50
Shorts Formal Grey	\$32.00
Trousers Formal Grey	\$42.00
Jumper Fleece Navy	\$30.00
Jumper Wool Navy	\$65.00
Blazer Navy	\$95.00
Socks Grey (1pk)	\$9.95

Senior Year 11 - Year 12

Polo Short Sleeve White	\$28.00
Shirt Short Sleeve White	\$28.00
Shirt Long Sleeve White	\$30.00
Shorts Formal Grey	\$32.00
Trousers Formal Grey	\$42.00
Jumper Wool Navy	\$65.00
Blazer Navy	\$95.00
Tie Navy	\$20.00
Socks Grey (1pk)	\$9.95

Accessories

Cap Navy	\$14.00
Scarf Navy	\$12.00
Apron TAS Navy	\$15.00
Apron Hospitality Black	\$15.00
Chef Hat Black	\$12.50
Polo Hospitality Black	\$32.00

UNIFORM SHOP

Keyworth Drive, Blacktown
E: MitchellHS@theschoollocker.com.au

Trading Hours During School Term

Tuesday 8:00am - 12:00pm
Thursday 12:00pm - 4:00pm

Scan the QR CODE to view your school's uniform range or visit theschoollocker.com.au

Prices effective 1st January 2022. Prices are subject to change.



**SCHOOL
LOCKER_o**