



***A big thank you too the MHS CREW for their hard work on maintaining our school grounds.***

The HSC examinations are now all completed. The past twelve months has been stressful for both the students undertaking the HSC and their families. I would like to congratulate year 12 for lasting the distance and their families for supporting them throughout. A huge thank you must go to all the teachers who sweated over preparing the students for the examinations, they worry and fret each and every year in preparing the students. Some will be happy and some disappointed with their final result but we need remember that the HSC is not the be all and end all there are many pathways to achieving ones final destination.

### **Industrial Arts, TAS and Art Exhibition**

This exhibition was hosted on the 5th December in our school hall. It is a fabulous collection of works. The standard of work is outstanding, reflecting the strength and quality of our Visual Arts and IA and TAS students. Congratulations to those students. One shouldn't forget the teachers who guide and inspire our students to create first class pieces work. Congratulations to all the TAS, IA and CAPA staff.

### **Orientation Day**

Tuesday 4th December was the beginning of a new pathway for many Year 6 students. On Tuesday about 170 students and more than 200 hundred parents/carers attended Mitchell High School to familiarise themselves with the school and its surrounds. We look forward to greeting all our new students and hope that they are as excited as we are about their new beginning and joining the Mitchell High Family in 2019.

## Important dates to remember

Years 7 & 11 return to school on Wednesday 30 January 2019

Year 8, 9, 10 & 12 return to school on Thursday 31 January 2019

New enrolments start school on Wednesday 30 January 2019



## Yearly Reports 2018

On Friday the 14th students in Years 8 and 9 and on Monday 17th students from Years 7 and 10 will be receiving their yearly school report. This is a good time for parents to discuss the contents of the report with their child and possibly discuss learning goals to be set for the new school year. As Principal, I am very pleased with the progress made by our students this year, evidenced by pleasing value added in all areas of NAPLAN, excellent Year 10 Valid results (assessment of scientific skills, knowledge and understanding) and overall progress in the semester 2 reporting period.

## Uniform for 2019

Many students will be growing out of their uniform, some are well worn and need replacement whilst others may just need adjustments such as lowering hems to cater for growth. The uniform shop will open during the school holidays to provide the opportunity to organise appropriate uniform needs prior to the first day back. Uniform Shop Opening Hours within the school term:

Tuesday 8.00am—12noon and Thursday 12 noon – 4pm

The uniform shop will be open through the school holidays on the dates below

Tuesday 15th January 2019	8am-4pm
Wednesday 16th January 2019	8am-4pm
Thursday 17th January 2019	8am-4pm
Tuesday 22nd January 2019	8am-4pm
Wednesday 23rd January 2019	8am-4pm
Thursday 24th January 2019	8am-4pm
Tuesday 29th January 2019	8am-4pm
Wednesday 30th January 2019	8am-4pm
Thursday 31st January 2019	8am-4pm
Friday 1st February 2019	8am -4pm
Monday 4th February 2019	8am-12pm
Tuesday 5th February 2019	8am-4pm
Wednesday 6th February 2019	12pm-4pm
Thursday 7th February 2019	12pm-4pm

When purchasing new school shoes, students were reminded the new school shoes need to be completely thick leather upper, plain black, lace up shoes. Thin leather or leather look (faux leather) eg 'Vans' or vans like shoes are not permitted as they provide inadequate protection.

## Presentation day

I would like to thank our special guest, Nandan Subramaniam Mitchell High School Captain 2012, distinguished guests, Councillor Rus Dickens, Inspector Paul Tickner, Warrant Officer Doug Wigg, Ms Jo-Ann

Campion, Mrs Leanita Williams, Mr Andrew Bowmer, Mrs Helga Clark, Mrs Joan Hamilton, Mrs Janelle Wells and Mrs Lavenia Cutrupi for attending Mitchell High School's 54th Presentation day. Together we celebrate academic and sporting achievements of the students at Mitchell High School.

During my address I highlighted that Education should be a means to empower children and adults alike to become active participants in the transformation of their societies. Learning should also focus on the values, attitudes and behaviours which enable individuals to learn to live together in a world characterized by diversity.

"Education is the conscious effort to prepare students through mentoring, teaching, and / training for Their role in the future".

Mitchell High School is not just a good school, it is a great school, a school of opportunity, a school that celebrate not only success but having a go. A school that is inclusive a school based on strong wellbeing foundations.

Congratulations to all the recipient of awards and thank you to the staff for being excellent role models, working tirelessly to educate tomorrow's leaders.

## Happy and Safe Holidays

At this time of year it is evident that most are in need of a holiday. I would like to take this opportunity to thank the dedicated staff of Mitchell High School for their hard work throughout the year. They are a dedicated team of professionals who are committed to quality education and striving for success for all students. Even in the last week of the school year a number of programs and initiatives are still operating in the school demonstrating the hard working nature of staff.

I would like to wish all staff and students a happy and safe holiday and I look forward to the wonderful work of our school community in 2018.

*Merry Christmas!  
Happy Holidays!*

**Ms Marinis  
Principal**

## Victor Chang Cardiac Research Institute Science Award 2018



The Victor Chang Cardiac Research Institute Science Award is one of Australia's pre-eminent research organisations with both a national and international reputation for excellence in biomedical research and training. To foster and encourage interest in science and a career in science, which requires the highest levels of educational achievement, innovation, creativity and hard work, the Institute has established a Science Award to recognise the efforts and achievements of Year 11 Australian Secondary School Students.

Victor Chang was an outstanding cardiothoracic surgeon in Australia and South-East Asia, and one of the leading heart surgeons in the world. He pioneered the future of cardiothoracic surgery and research in Australia. He was responsible for developing Australia's National Heart Transplant Programme and, at the time of his death, was working on the development of an artificial heart valve, which would be used to support seriously ill patients who were awaiting heart transplants.

Victor Chang nurtured a vision to establish an internationally-recognised cardiac research centre at St Vincent's. With his tragic and untimely death in 1991 efforts to realise Victor's dream accelerated resulting in generous donations which enabled the establishment of The Victor Chang Cardiac Research Institute (VCCRI). It gives me great pleasure to announce that this year's recipients of the Victor Chang Award go to – Alyssa Pollard and Adrian Bruzzese. The presentation of the award had taken place on Thursday 8/11/18 at Blacktown City Council at 4pm. Mrs Duffell attended the event.



Please join me in congratulating both students. Well done!

### Year 11 Science Achievers List 2018

Congratulations to the following Science students – well done!

Subject	1st	2nd	3rd
<b>Biology</b>	Alyssa Pollard	Alexandra Nguyen	Dipica Singh
<b>Physics</b>	Adrian Bruzzese	Danny Makhoul	Jared McIlwain
<b>Chemistry</b>	Adrian Bruzzese	Yee Mon Khin	Jessie Ng
<b>Investigating Science</b>	Tara Johnston	Reegan Sumares	Kira Gallardo

*Mr Debrincat*  
*Head Teacher Science*



## SLB Camp 2018

The Mitchell High Student Leadership Body (SLB) has been chosen for 2019. A camp was organised to allow the students to get to know each other, introducing the new student leaders to the leadership team, develop leadership skills and teamwork, and to plan for events occurring in 2019.

The two day camp was at the Bundilla Scout Camp at Winston Hills, organised by Miss Larrea, the SLB coordinator. Everything ran like clockwork, students interacted and quickly bonded, working in teams to not just initiate activities for the upcoming year but working with each other to tackle the immediate challenges of camp life, which included the cooking and cleaning. There was a guest appearance by Ms Toni Kember (Director - Educational Leadership Bungarribee Network) in which she explained her role as a leader and how students can too have a voice in the everyday running of a school.

All the students helped to make the camp a great success. A big congratulations must go to Miss Larrea on the hours of work organising and planning the camp for the students. A job well done!! Thank you to Mr Chung for supporting Miss Larrea for the 2 days and making the camp a great success.

Thank you to Mr Debrincat and Mr Muscat for driving the bus.



**Mr Chung & Miss Larrea**  
**Science**

## TAS Showcase

On Wednesday 5th December the Technology and Applied Studies (TAS) Faculty hosted their annual TAS Showcase evening. The showcase displayed finished projects made by the students from a range of Technology subjects, such as Year 7 and 8 Technology Mandatory, 9/10 Elective classes- Timber, Metal, Graphics, Multimedia and Textiles. All students who attended the evening received a certificate. We would like to congratulate the students for all their hard work and thank the many parents who attended the night.

**Miss Stavropoulos**  
**Industrial Arts**

## Pink Ribbon Day

On Wednesday 31st October, the SLB had a Pink Ribbon Day bake sale to raise funds for the Cancer Council. With the help of the PBL, we were able to bake and sell delicious homemade cookies, cupcakes and brownies to the MHS students. The PBL and the SLB also made up and distributed pink ribbons to the students and staff of MHS to create participation as well as raise awareness for breast cancer. All of these efforts allowed us to raise a total of \$522.60 which will be donated to the cancer council for cancer research. Both the PBL and the SLB appreciate the support received from the school community and are proud of the contribution we were able to make.



## Rewards Day 2018 – Congratulations!

Four hundred and twenty three students from years 7 to 11, were awarded a R.E.A.L Certificate on Wednesday 5th December 2018 for not receiving any 'negative' Millennium entries on our computer system throughout the entire year. They did this by being consistent with our Core School Values – that is, to be a R.E.A.L (Respectful, Engaged, Active Learner) student at Mitchell High School.

To have been a successful recipient of such an award, the students followed all school procedures, for example – they wore their school uniform correctly, submitted all of assessment tasks on time, punctual to school and class, high attendance, adhering to classroom expectations and displaying R.E.A.L values.

Students received a certificate signed by the School Principal, Ms Marinis and the Engagement Team Leaders Mrs Spadina and Mrs Depalo and two \$5 canteen vouchers.

Congratulations to all recipients from of all the staff at MHS. Looking forward to a fresh start next year and hoping that we can get more than 423 students receiving this award in 2019.

**Jermaine Depalo and Frances Spadina**  
**Student Engagement Team**



**Miss Larrea**  
**SLB Co-ordinator**

## The Maths report

The Australian Mathematics Competition results are in. 77 students from Year 7 to 10 participated in the competition. Amongst the results were 2 Distinctions and 20 Credits. Well done to everyone who participated this year, and thank you to Mr Hafiz for organising the competition. Congratulations to our Math STARS in Term 4.

**Year 7:** Phoebe Delosio, Sean Nebres, Liam Appleby, Elena Ikediobi, Lily Trofa, Lekayah Graham, David El Dergham, Kasha Hogan, Charlene Mata, Tayla Sleiman, Zaynab Ata, Charlie-Rose Collins, Eniola Olayiwola, Bailey Sheens, Liam Bell.

**Year 8:** Luka Golub, Dwani Shukla, Axell Ramos, Meisa Vanderhoeven, Tyson Simpson, Eliza Congress, Marcus Hookey, Gabriel Angulo, Jay Hanna, Craig Pelias, Chaw Su Thu Zar, Jessica Sleiman, Jeramy Ruaporo.

**Year 9:** Aleeya Shaw, Christina Song, Sione Ahofono, Tegan Linacre, Tanisha Chand, Brayden Gwilliam, Andrew Dommett, Magda Saeed, Micheal McElroy, Chelsea Hill, Juning Zhang, Bronte Weyham, Tueita Tonga, Elenoa Lasalo.

**Year 10:** Sital Gosai, Bahar Andershmand, Elizabeth Grogan-Fsadini, Rebekah Cruz, Christian El-Rassi, Shukrana Reesha, Tony Shin, Ella Makhoul, Shylah Evans, Phoenix Kaafi Te Ahuaha, William Archer, Lachlan Cook.



The after school mathematics tutoring held on Wednesdays and Thursdays has been a success in 2018. From last year there has been a significant increase of students utilising the extra help offered by the Math staff. The tutoring will be available again in 2019 Wednesday and Thursday afternoons after school.

***Happy Christmas and have a safe and restful break from the Mathematics Faculty.***

## CAREERS @ MITCHELL

Attention Year 9 students

Next year, Year 10 students undertake a Careers Education Course, in which students participate in a fortnightly Career lesson. In these lessons students will be given the opportunity to reflect on their interests/goals and explore various career options. This exploration will enable students to gain an understanding of the many different career opportunities available to them and create a personalised Digital Career Portfolio (ready for interviews with perspective employers). This process will also highlight the various study requirements necessary for subject selection in the senior years. We want your student to achieve their goals.

As part of the Careers Education Course, students will participate in the Work Experience Program. This program runs for one set week during the year (min). Students must organise their own Work Experience and to relate it to their possible post schooling occupation to gain the most out of this time. It is mandatory for students to attend work experience. Students must return all work experience paperwork to Mrs Rumi Badger A.S.A.P (min 1 month prior to Work Experience). Year 10 will be given a Work experience Pack with instructions early 2019.

Work Experience is an integral part of the Careers Education Course at this school. The aim is for students to gain first-hand experience in the workforce of their chosen area.

### Work Experience dates:

Year 10 M, H & S = 20-24 May 2019.

Year 10 R.E.A.L = 18-22 November 2019.

**NB: You may do more work experience weeks in other terms, but the above mentioned dates are compulsory.**

The following is a list of steps required for the organisation of Work Experience.

1. Please discuss with your child their preference for a Work Experience placement.
2. The student (not parents) will be required to organise his/her own Work Experience placement. It is preferred that the student does not work for or with your family, as the aim is to broaden their experience, knowledge and confidence.
3. Students are to attend each day of the placement for the whole working day of the industry that they are experiencing (not school hours) and comply with the

rules and regulations of that industry. Travelling to and from work should be by the usual method of transport for employees with the cost of fares and incidental expenses such as the laundering of uniforms, met by the student.

4. A teacher will make an “on the job” visit from this school whenever possible, otherwise, a call to check on progress will be made to assess the suitability of the job and the progress being made.

5. The employer will not pay a wage during the time of placement as payment for the work raises legal complications and in reality the employer is taking on the student in the capacity of a learner or volunteer.

6. REMEMBER TO CONSULT THE CAREERS ADVISER FOR HELP. The Careers Adviser will not know of your problems or difficulties if you do not inform her and may not be able to help if queries are left to the last minute.

Mitchell High School values your co-operation and involvement in the Work Experience Program.

**Mrs Catherine Rumi Badger**  
**Careers Adviser**  
[catherine.rumibadger@det.nsw.edu.au](mailto:catherine.rumibadger@det.nsw.edu.au)



by PBL Roll call students

## Positive Behaviour Learning (PBL)

*Believe in Yourself.*

The Positive Behaviour Learning (PBL) action team of Mitchell High School has been working on a project that has students excited and ready to create a more lively and positive environment. Over previous terms, the PBL team have been endeavouring to redecorate the student toilets with motivating and encouraging messages painted on the toilet doors.

A multitude of quotations have been selected by students that are motivational and focus on positive self esteem. The project is an initiative that aims to stimulate student involvement and create a sense of belonging and pride amongst the school community. The PBL team look forward to keeping the community informed about our progress over the coming months.



## THANK YOU TO THE BELOW BUSINESSES FOR THEIR SUPPORT TOWARDS OUR P.R.I.D.E. CARD INCENTIVE

The staff and students of Mitchell High School would like to 'THANK' the below businesses for their continued support towards our P.R.I.D.E. (Personal Responsibility In Daily Effort) in Blacktown Card.

We rely and need businesses support for this school incentive, as it enables our school to offer discounts to students as a reward. The P.R.I.D.E. Card discounts provided to students have a greater significance and status, and we thank them for their ongoing support in recognising student achievement. We couldn't do this without their help.

COMPANY	DISCOUNT
BCF (Mega Centre Blacktown)	10% discount of RRP
Bing Lee (Mega Centre Blacktown)	Visit the store for special offer
Cake it Away (Blacktown)	10% discount off RRP (excluding Mothers/Fathers/Christmas Eve)
Gametradars (Westpoint Blacktown)	10% discount off RRP
Gloria Jean's (Westpoint Blacktown)	10% discount off individual purchases only
Mel's Tasty Bites (MHS Canteen)	10% discount off individual purchases only
LTRENT Driving School	20% off first lesson using the code "mitch20"
McDonalds (Mega Centre Blacktown)	20% discount off individual purchases only
OPSM (Westpoint Blacktown)	15% discount off lenses (Code: MGR) (exclusions apply, see OPSM staff)
Rebel Sport (Westpoint Blacktown)	10% discount off RRP (exclusions apply, see Rebel Sport staff)
State Wide Jewellers (Westpoint Blacktown)	15% discount off full price items
The School Locker (MHS Uniform Shop)	10% discount off the RRP (excluding technology, see The School Locker staff)



# MITCHELL HIGH SCHOOL



Delivering excellence through innovative & unique learning opportunities for student success

A: Keyworth Drive Blacktown NSW 2148  
T: 9622 9944 / 9622 8926  
F: 9831 2805  
E: [mitchell-h.school@det.nsw.edu.au](mailto:mitchell-h.school@det.nsw.edu.au)  
W: [www.mitchell-h.schools.nsw.edu.au](http://www.mitchell-h.schools.nsw.edu.au)

2 July 2018

Dear Parent/Carer(s)

## DONATE YOUR ANNUAL 2018-2019 BLACKTOWN CITY COUNCIL PLANT ALLOCATION TO MITCHELL HIGH SCHOOL

We are seeking parent/carer(s) and community support to donate their Blacktown City Council plant allocation to our school. These plants will be planted on school grounds. So if you pay Blacktown City Council rates and would like to donate your annual free allocation of 2 plants to our school, please fill in the below and return this form back to the Mitchell High School Administration Office as soon as possible. Alternatively, you can email your signed form to: [mitchell-h.school@det.nsw.edu.au](mailto:mitchell-h.school@det.nsw.edu.au) and attention the email to Ms Lindsay.

These donated plants will be used for planting on school grounds and your donation will be appreciated by students and staff of Mitchell High School.

Regards

Ms E. Marinis  
Principal

I/We \_\_\_\_\_

Parent/Carer(s) Full Name on Blacktown City Council Rate Notice

reside at \_\_\_\_\_

House Number / Street Name on Blacktown City Council Rate Notice

Suburb

Postcode

have **NOT** collected my 2 free plants from Blacktown City Council this financial year (2018-2019) and would like to donate them to Mitchell High School for planting on school grounds.

\_\_\_\_\_/\_\_\_\_\_/2018  
Parent/Carer Signature Date



# MITCHELL HS CONCESSION CARDS 2018 / 2019

*Delivering excellence through innovative & unique learning opportunities for student success*

## ARE YOU 16 YEARS OF AGE OR OVER

**If you are, then you need to collect your new 'Student Concession Card' from the MHS Administration Office**

Students who are 16 years of age or over are now eligible to collect their **2018/2019 Student Concession Cards** from the Mitchell High School Administration Office. These cards can only be collected during **lunch**.

Any student, who misplaces their Student Concession Card during the year, will need to re-apply for a new one by collecting a form from the Administration Office. This form is lodged by the student at their nearest railway station, emailed or faxed, with a replacement cost of \$28.00.

Please contact the Administration Office on the above number if you have any queries. Thank you.

Ms Halls  
School Administration Officer

Principal: Ms E. Marinis  
A: Keyworth Drive Blacktown  
T: (02) 9622 9944  
F: (02) 9831 2805  
W: [www.mitchell-h.schools.nsw.edu.au](http://www.mitchell-h.schools.nsw.edu.au)  
E: [mitchell-h.school@det.nsw.edu.au](mailto:mitchell-h.school@det.nsw.edu.au)



# HOMEWORK CENTRE

ON EVERY WEDNESDAY,  
THURSDAY AND FRIDAY  
IN THE LIBRARY

- TEACHERS AND SENIOR PREFECTS ASSIST WITH HOMEWORK AND ASSIGNMENT ENQUIRIES
- USEFUL STUDY TIPS PROVIDED
- COMPUTERS AND BOOKS AVAILABLE

FROM 3:10 - 4:10 PM

**When riding a push-bike / skateboard or scooter to MHS – you need to wear a helmet!**

**Reasons for wearing a helmet:**

- To protect you from a head injury in an accident that could lead to a permanent disability or even death.
- Avoid an on the spot fine of **\$319** by the police, regardless of your age.



**Breakfast Club**

**FREE BREAKFAST**

Every Friday Morning

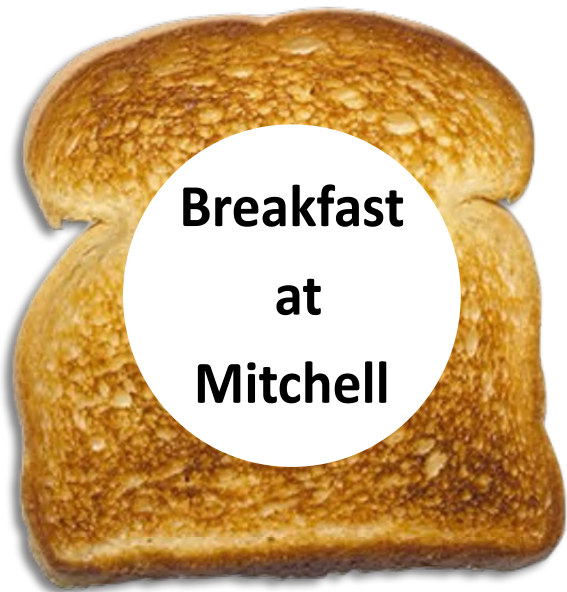
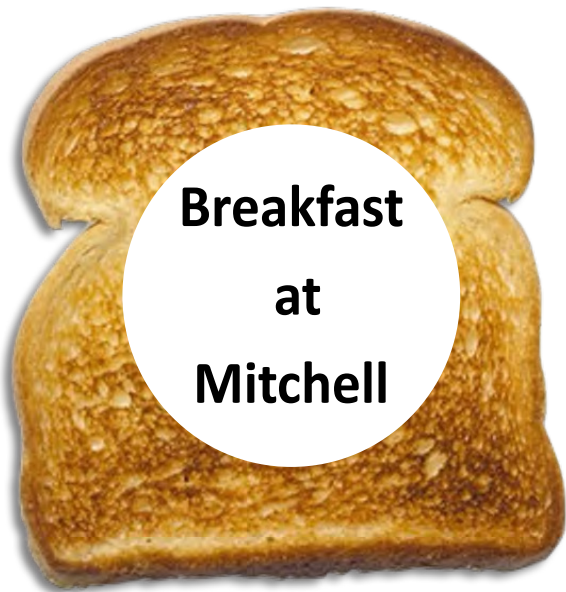
7:45am Start

Mitchell High School Hall

9621 3964 | [info@hopechapel.org.au](mailto:info@hopechapel.org.au) | [www.hopechapel.org.au](http://www.hopechapel.org.au)

HOPE CHAPEL

**Free Breakfast Club**                      **Free Breakfast Club**



**Wednesday mornings 8:00am — 8:40am**  
**In the library**

**Wednesday mornings 8:00am — 8:40am**  
**In the library**