

### MHS INFORMATION HANDBOOK

2021

#### WELCOME TO MITCHELL HIGH SCHOOL

Mitchell High School is a friendly and happy school. The aim of this information handbook is to assist MHS students and their parent/carer(s) in orientation to our school. If you have any questions regarding school policies or procedures, or if you are unsure of anything, please do not hesitate to contact the MHS Administration Office for assistance.

Mitchell High School follows the Department of Education (DoE) Policies and Procedures.

This information handbook can be downloaded from the Mitchell High School's website and Millennium Parent and Student Portal.

MHS website: www.mitchell-h.schools.nsw.gov.au Millennium Portal: https://www.millenniumschools.net.au/portal/

### MITCHELL HIGH SCHOOL

- Keyworth Drive Blacktown 📀
- mitchell-h.schools.nsw.gov.au 🚳
- mitchell-h.school@det.nsw.edu.au 🖂
  - 9622 9944 🕓



# At Mitchell HS **WE INSPIRE** WE MOTIVATE WE CARE WE TEACH



Principal: Address: Telephone: Fax: Email Address: Website: Ms E. Marinis Keyworth Drive Blacktown 2148 9622 9944 / 9622 8926 9831 2805 mitchell-h.school@det.nsw.edu.au www.mitchell-h.schools.nsw.gov.au

### WELCOME TO MITCHELL HIGH SCHOOL

Mitchell High School provides many opportunities to learn a great deal through formal academic, cultural and sporting programs. Learning new skills and knowledge through school and classroom teaching and study programs requires personal organisation, planning and commitment but is very rewarding.

Secondary schooling years will be a very busy time in your life with high expectations from friends, sports clubs and your teachers. Planning and an appropriate balance of effort and time is essential to make the most of high school as your achievements when you finish school will determine your future working career. I encourage you to use this MHS Information Booklet to help you manage your time effectively and ensure study commitments are met on time. Improved personal planning will help you to make the most of school and achieve your personal best. The preliminary pages include important details about school events, rules and organisation.

I trust that you will enjoy your time at Mitchell High School. Get involved and try your best in everything you do.

Regards

Ms E. Marinis Principal MITCHELL HIGH SCHOOL



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### MHS BELL TIMES Respectful, Engaged & Active Learners

	Monday
8.00am	Period 0 (Year 12)
8.55am	Roll call
9.00am	Period 1
10.00am	Period 2
11.00am	Recess
11.30am	Assembly
11.45am	Period 3
12.45pm	Lunch
1.15pm	Period 4
2.15pm	Final bell
2.20pm	Staff Meetings

, ,	
8.00am	Period 0 (Year 12)
8.55am	Roll call
9.00am	Period 1
10.00am	Period 2
11.00am	Recess
11.30am	Period 3
12.30pm	Period 4
1.30pm	Lunch
2.00pm	Period 5
3.00pm	Final bell

Tuesday, Wednesday, Thursday, Friday



### BRING YOUR OWN DEVICE (BYOD)

The Mitchell High School Bring Your Own Device (BYOD) program is a strategy to increase student learning through engagement. As the use of technology in classrooms increases, it is necessary for students to be allowed to maximise their learning potential through the use of electronic devices.

Mitchell High School will be allowing students to bring their personally owned laptops to school. It is essential that these laptops are suitable for use at school. Please see the **Mitchell HS Device Specifications** list and the laptop must fulfil the **Minimum System Requirements** (go to the school website for more information).

Before students will be allowed to bring their own laptop, students and their parents/carers must read the **DoE Bring Your Own Device Policy** and the **Mitchell HS BYOD Student Agreement** (go to the school website for more information). Forms are available on the MHS Website and the MHS administration counter. The agreement must be filled in, signed and submitted to **Miss Scheerhoorn, HT Administration/Computing Studies,** in the Administration Office. If you have any questions or need clarification, please contact Miss Scheerhoorn before signing the agreement.



CANTEEN

\* Prices/items subject to change. Visit Mel's Tasty Bites: www.melstastybites.com/menu

~ SANDWICH BAR ~		~ SUPER SALAD BAR ~	~ BREAKFAST ~
Vegemite, Jam or Honey (E)	\$2.50	Greek Salad (E) (GF) \$6.00	Scrambled eggs on Toast (E) (1) \$2.50
Margarine spread	<i>32.30</i>	Tomato, cucumber, Spanish onion, pitted olives & feta	Egg, Avocado & Cheese Roll (E) \$4.50
Chicken (E)	\$4.50	Chicken Caesar (E) \$6.00	Bacon & Egg Roll (O) \$4.00
Grilled Chicken, Lettuce & mayo	<i>94.50</i>	Grilled Chicken, Cos lettuce, croutons, egg, Caesar dressing	54001 A 256 101 (0)
Cheese Tomato (E)	\$3.50	Chicken Buster (E) \$6.00	
Cheese & tomato	+	Grilled chicken, tabouli & hummus	Toasted Sandwiches (E)
Ham (E)	\$4.00	Garden Salad (E) \$5.50	Cheese \$3.00
Cheese & tomato		Lettuce, tomatoes, cucumber, carrot, capsicum & sprouts	
Tuna (E)	\$4.00	Health Pack (E) \$6.00	Raisin Toast (2) (E) \$2.00
Mayo, cucumber, Spanish onion, sweet	•	Tasty Cheese fingers, carrot sticks, rice crackers, hummus & Tzakiki Dip	Toast (2) (E) Jam or Honey \$2.00
Cheese (E)	\$2.80	, , , , , , , ,	
Sliced tasty cheese		* All Salads are Served with Lebanese Bread	Fruit (E)
Salad (E)	\$4.00		Fruit available daily from \$1.00
Lettuce, carrot, tomato, cucumber, bee	troot, onion		Fresh Fruit Salad (E) (GF) \$5.00
Egg (E)	\$4.00		Yoghurt & Muesli (E) (GF) \$5.50
Mayo & lettuce		~WRAP BAR ~ (E)	
Curried Egg (E)	\$4.00	Served in Lebanese bread 1/2 Full	
Mayo, curry & lettuce		Grilled Chicken & Salad \$2.50 \$6.00	~SWEET TREATS ~
		Ham & Salad \$2.50 \$6.00	Custard & Fresh Fruit (E) \$3.50
Breads (E) White or wholemeal		Tuna & Salad \$2.50 \$6.00	Pikelets w/ Jam (3) (E) \$3.00
White Roll	\$0.60	Falafel & Salad \$2.50 \$6.00	Warm Banana & Custard (E) \$3.00
Gluten Free Sliced	\$1.50		Homemade Muffins (O) 80gr \$2.00
			(Banana or Blueberries)
Extras		~TURKISH BREADS/FOCACCIAS (E) - \$7.00	
Cucumber, tomato or lettuce (E)	\$0.60	Chicken – Grilled Chicken breast, roasted capsicum, pesto & tasty cheese	
Ham (O)	\$0.70	Mediterranean – Ham, Artichokes, roasted capsicum, olives & feta cheese	Look out for our
Avocado (E)	\$1.00	Vegetarian – Eggplant, sun-dried tomatoes, roasted capsicum, olives & feta cheese	
		- <b></b>	( Weekly Specials! )
Sauce Portions	\$0.30		
Lunch Bag	\$0.20		
Spoon or Fork (without a lunch order)	\$0.10		
	,		$ \rightarrow $
		COMBO DEAL -when yo	IL SPEND
			U SFEND
		\$4.00 OR MORE	MTD are MCMI to the Color I Contact
WE	REA		MTB are NSW Healthy School Canteen
GD			Approved Operators
HEALT			
CANT	CHOOL		FOOD CODING
HEALTHY	CHOOL		FOOD CODING



CANTEEN

\* Prices/items subject to change. Visit Mel's Tasty Bites: www.melstastybites.com/menu

************************************	ЛІТСН				SCH		Realthy Can	Mel's Tasty Bites teen Operators & Catering Services
Maintent dicken freedr., lettuce & Aloit more Vegie burger (E) \$5.00 Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, tomata, sour cream & avocado Naked Vegeta inthis, lettuce, cheese, soura, sour cream & avocado Naked Vegeta inthis, sour cream & avocado Naked Vegeta inthis, sour cream & avocado Naked Vegeta inthis, lettuce, choice, discue, cheese, soura cream & avocado Naked Vegeta inthis, sour cream & avocado Naked Vegeta i	~ BURGERS & ROLLS ~		~ MEXICAN BAR ~			~PASTA, RICE & N	MORE ~	
Vegice Negrer (E)       \$5.00       Naked Vegetarian Nachos (F)       \$5.50       Chicken Shit, Man & Gravy (O) Smit 54.00 Lep 55.00       This deal Negres (F)       Smit 54.00 Lep 56.00       This deal Negres (F)       Smit 54.00 Lep 56.00       This deal Negres (F)       Smit 54.00 Lep 56.00       This deal Negres (F)								
Wages patie, lettuce and tomoto         Starmed Rise, secance basis, lettuce, cheese, tomata, sour cream & avocado         Fettuceline Basculauls (f) Sind S4.00 Lge S5.00         Sind S4.00 Lge S5.00         (Thursday Only)           Bite eff (g)         S5.00         Naked Matchen (f)         S6.00         Sind S4.00 Lge S5.00         (Thursday Only)           Bite eff (g)         S5.00         Naked Matchen (f)         S6.00         Sind S4.00 Lge S5.00         (Thursday Only)           Sind S4.00 Lge S5.00         Fully Loaded Wedges (0)         S6.00         Sind S4.00 Lge S5.00         (Thursday Only)           Sind S4.00 Lge S5.00         Fully Loaded Wedges (0)         S5.00         Frazen Fruit Sticks (E)         S1.50           Sind S4.00 Lge S5.00         Onesex         S5.00         Frazen Fruit Sticks (E)         S1.50           Sind S4.00 Lge S5.00         Onesex         S5.00         Frazen Fruit Sticks (E)         S1.50           Sind S4.00 Lge S5.00         Onesex         S5.00         Frazen Fruit Sticks (E)         S1.50           Sind S4.00 Lge S5.00         Bed Diele Piezon (D)         S4.00         S5.00         Frazen Fruit Sticks (E)         S1.50           Sind Gi Onata or Bbay         S0.60         Bed Diele Piezon (D)         S4.00         S5.00         S1.50           Sind Gi Onata or Bbay         S2.00					o, sour cream & avocado			
Chiles Patie (0)       \$5.00       Naled Nachor (F)       \$6.00       Macaroni Cheese (F)       Sm1\$4.00 (gs 56.00       (Thursday Only)         Breast Filter Patie, lettuce & mayo       Nice, beef of Chicken, lettuce, cheese, sour cream & avocado       Nacaroni Cheese (F)       Sm1\$4.00 (gs 56.00       (Thursday Only)         Homemade beef paty, frid onion, beetroot, made & vectore of waley       Baded wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ethore of save)       Baded wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ded wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ded wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ded Wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ded Wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm1\$4.00 (gs 56.00       (Thursday Only)         State & ded Wedges Covered with beef of Chicken, cheese, sour cream & avocado       Sm2\$4.00 (gs 50.00       Sm2\$4.00 (ft)         State & ded Wedges Covered & M10       State & M10       State & M10       State & M10       State & M10         State & State & State Ch		\$5.00	-		mata cour cream <sup>e</sup> quecade		-	
Break Filler Porting letture & mayo       Rice, beef or Chicken, letture, chorese, tomato, sour cream & avocado       Lasagne (E)       Sml \$4.00 tgs \$6.00         Homemade beef party, fied onion, beetroot, tomato & betroot, tomato &		\$5.00			mato, sour cream & avocado			
Big Ber[B]       \$5.50       Fully Loaded Wedges (0)       \$6.00         Homemade beef patty, filed onion, beetroot, and beetroot, and beetroot, formato a letture (Choice of souce)       Baleed wedges covered with beef or Chicken, cheese, sour cream & avacado         EXTRAS       HOME MADE PIZZA – (E)       Status Perzza – (E)         Souce Portions (Tomato or Bba)       \$0.50       Cheese       \$5.00       "Frozen Truit Sticks (E)       \$1.50         Shredded Cheese       \$0.60       Bage (Inclean       \$5.00       Frozen Truit Sticks (E)       \$1.50         "COLD DRINKS"       Inclean Manage       Mon (E)       \$1.50       Status Perzen Change Car (E)       \$5.00         "COLD RINKS"       Inclean Manage       Non (E)       \$1.50       Status Perzen Change Car (E)       \$5.00         "COLD RINKS"       Inclean Manage       Non (E)       \$1.50       Status Perzen Change Car (E)       \$5.00         "ColD Rinks"       Inclean Manage       Status Perzen Change Car (E)       \$5.00       Status Perzen Change Car (E)       \$5.00         Sparking Water SOmi (E)       \$2.00       Status Perzen Change Car (E)       \$5.00       Status Perzen Change Car (E)       \$5.00         Poole CoDING       Status Perzen Change Car (E)       \$5.00       Status Perzen Change Car (E)       \$5.00       Status Perzen Change Car (E) <t< td=""><td></td><td><b>JJ.</b>00</td><td></td><td></td><td>ur cream &amp; avocado</td><td></td><td></td><td>(muladay only)</td></t<>		<b>JJ.</b> 00			ur cream & avocado			(muladay only)
Homemade beef party, fried onion, beetroot, transta & letture (Chalce of souce) EXTRAS  HOME MADE PIZZA – (E) Souce Portions (Tomato or Blag) So.60 Uggetarian So.00 Prozen Fruit Sticls (E) S1.50 Tomato, obeese, onion S0.60 Blag Chicken S5.00 Frazen Fruit Sticls (E) S1.50 (Emon Ice, Red Berry Blast) Many (E) S2.00 Sinced Watermeion (E) S2.00 Sinced Watermeion (E) S2.00 Uggetarian S2.00 Beef Sausage Roll (0) 120gr S4.00 Sinced Watermeion (E) S2.00 Sinced Watermeion (E) S2.00 Crast, orage Passo, Watermeion Backd Wedges (O) S3.00 Fruit Stack (E) S2.00 Crast, orage Passo, Watermeion (E) S3.00 Fruit Stack (E) S2.00 Crast, orage Passo, Watermeion (B) S3.00 Fruit Stack (E) S2.00 Crast, orage Passo, Watermeion (B) S3.50 Fruit Stack (E) S2.50 Fruit Stack (E) S2.5		\$5.50					5Bc + 0.00	
Struck Orbitos (Tomato or Bbg)       50.50       Cheese       55.00       "FROZEN TREATS"         Shredded Cheese       50.60       Vegetarian       55.00       Frozen fruit Stikks (E)       51.50         Tomato, cheese, onion       50.60       Vegetarian       55.00       Frozen fruit Stikks (E)       51.50         You Cob DNINKS ~// Nucle 250ml (E)       53.00       HOT EAR*       (Lemon Ice, Red Berry Blast)         Vike 250ml (E)       53.00       Berd Susage Roll (0) 120gr       54.00       Since Cachers (E)       55.00         Sparkfullg Water Stomin (E)       54.50       Berd Susage Roll (0) 120gr       54.00       Since Cackers (E)       55.00         Sparkfullg Water Stomin (E)       54.50       Served with sour cream & Sweet chill       Yoghura & Fruit (E)       S5.00         Sparkfullg Water Stomin (E)       53.50       Grash Waterreal (E)       53.00       Fruit Selad (E)       S5.00         Milk ~       Orange Aronge Arong				or Chicken, chee	ese, sour cream & avocado			
Sauce Partians (Tamato or Bba) So.50 Cheese \$5.00 Frozen Fruit Sticks (E) \$1.50 Tradit cheese, onion \$0.60 Bbq Chicken \$5.00 Frozen Orange Qtr (E) \$0.50 Mony (E) \$1.50 (Lemon Ice, Red Berry Blast) Julice 250ml (E) \$3.00 "HOT BAR" Orange, opage & mango Ute Beef Pies (O) \$4.00 Water r600ml \$2.00 Beef sausage Roll (O) 120gr \$4.00 "SNACKS " Oven Baked Wedges (O) \$5.00 Siliced Watermelon (E) \$2.00 Sparking Water 500ml (E) \$4.50 Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon (E) \$3.50 Fruit Salad (E) \$5.00 Sume Cup Nodels (D) \$3.50 Fruit Salad (E) \$5.00 Grain Water 500ml (E) \$4.50 Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon (Beef or Chicken) Red Red Red (E) \$5.00 Cructy roll with meled tasty cheese Mamee Cup Nodels (O) \$3.50 Fruit Salad (E) \$5.00 Cructy roll with meled tasty cheese Mamee Cup Nodels (O) \$3.50 Fruit Salad (E) \$5.00 Cructy roll with meled tasty cheese Mamee Cup Nodels (O) \$3.50 Fruit Salad (E) \$5.00 Chacolate or Strawberry Chicken Stir-fry w/ Hokkien Noodels (E) \$6.00 Beef (Lettuce, Shredded cheese, tomato & sour cream) Chicken Lettuce, Shredded cheese, tomato & sour cream) Chicken Lettuce, Shredded cheese, tomato & sour cream) WEDNESDAY Spaghetti Bolognese (E) \$6.00 Vegetarian Fried Rice (E) \$5.00	o & lettuce (Choice of sauce)							
Shredded Chesse       \$0.60       Vegetarian       \$5.00       Frozen Fruit Sticks (E)       \$1.50         Tamato, cheese, onion       \$0.60       Big Chicken       \$5.00       Frozen Fruit Sticks (E)       \$0.50         "COLD DRINKS"       ILemon kee, Red Berry Blast       ILemon kee, Red Berry Blast       ILemon kee, Red Berry Blast         "Orange, optage & mango       ILte Beef Pies (0)       \$4.00       S5.00       Silced Watermeion (E)       \$2.00         Spring Water (5)       \$4.50       Beef Sausage Roll (0) 120gr       \$4.00       "SINACKS"       Approved Operators         Spring Water (5)       \$4.50       Beerd Sausage Roll (E)       \$5.00       Silced Watermeion (E)       \$5.00         Spring Water (5)       \$4.50       Beerd Wateges (0)       \$3.00       Fruit Stalad (E)       \$5.00         Pool Cobins       Custry roll with melted tasty cheese       Cheese & Rice Crackers (E)       \$2.00       Occasional         Milk "       Mamee Cup Noodles (0)       \$3.50       Fruit (Seasonal) (E)       \$2.00       Occasional         Gr Glutten Free       Mamee Cup Noodles (0)       \$3.50       Red Rock 28gr (Sea Salt) (0)       \$2.00       Occasional         Gr Glutten Free       So.00       Beef (Intrue, Shredded Cheese, tomato & sour cream       Chicken (Lettuce, Shredded Cheese,	AS		HOME MADE PIZZA - (E)					
Shredded Chesse       \$0.60       Vegetarian       \$5.00       Frozen Fruit Sticks (E)       \$1.50         Tomato, cheese, onion       \$0.60       Big Chicken       \$5.00       Frozen Fruit Sticks (E)       \$0.50         "COLD DRINKS"       (Lemon Ice, Red Berry Blast)         "COLD DRINKS"       (Lemon Ice, Red Berry Blast)         "Unlee 350ml (E)       \$3.00       "HOT BAR"         Orange, apple, orange & mango       Life Beef Pise (0)       \$4.00         Water 600ml       \$2.00       Beef Sausage Roll (0) 120gr       \$4.00         Spring Water (E)       Oven Baked Wedges (0)       \$5.00       Sileed Watermeion (E)       \$5.00         Spring Water (E)       \$4.50       served with sour cerzem & sweet et hill       Yoghurt & Fruit (E)       \$5.00         Spring Water (E)       \$3.50       (Beef or Chicken)       \$3.50       Fruit (Escand) (E)       \$5.00         "MILK"       Mamee Cup Noodies (0)       \$3.50       Fruit (Escand) (E)       \$2.00       Creasional         Gr and Waves 22gr (Sc Cm) (0)       \$2.00       Beef (Icituse, Stredded Cheese, tomato & sour cream       \$4.00 OR MORE         "Advance up Noodies (E)       \$5.00       Berf (Icituse, Stredded Cheese, tomato & sour cream       \$4.00 OR MORE         Chicken Str-fry w/ Hokkien Noodles (E)	Portions (Tomato or Bba)	\$0.50	Cheese	\$5.00	~ FROZEN TREATS~			
Mony (E)       \$1.50         COLD DRINKS ~       Idemon loce, Red Berry Blast)         Puble 250ml (E)       \$3.00         Orange, apple, orange & mango       Like Beef Plies (O)       \$4.00         Water 600ml       \$2.00       Beef Sausage Roll (O) 120gr       \$4.00         Spring Water 500ml (E)       \$4.50       Oven Baked Wedges (O)       \$5.00         Spring Water 500ml (E)       \$4.50       Beef Sausage Roll (I) 120gr       \$4.00         Bickcurrant, Respherry, Grape, Orange Passio, Watermelon       Full Sald (E)       \$5.00         Wilt ~       Oven Baked Wedges (O)       \$3.50       Fruit (E)       \$5.00         Food Cobins       Grape, Orange Passio, Watermelon       Beef or Chicken)       \$1.00         Rok Like - 250ml (E)       \$3.50       Fruit (Seasonal) (E)       \$1.00         Rok Like - or Strawberry       Beef or Chicken)       \$2.00       \$2.00         Mony E (E (Littuce, Stredded Cheese, tomato & sour cream)       \$2.00       \$2.00       \$4.00 OR MORE         MONDAY       TUESDAY       Burtho (E)       \$6.00       \$6.00       \$6.00       \$6.00         Staian vegetables tossed with Chinese sauce & noodles       Beef (Lettuce, Stredded Cheese, tomato & sour cream)       \$4.00 OR MORE       \$4.00 OR MORE         WEDNESDA	led Cheese	\$0.60	Vegetarian	\$5.00	Frozen Fruit Sticks (E)	\$1.50		
** COLD DRINKS ** Julice 250ml (E)       \$3.00       *HOT BAR*         Orange, apple, arange & mango       Lite Beef Pies (O)       \$4.00         Water 600ml       \$2.00       Beef Sausage Roll (O) 120gr       \$4.00         Sparking Water 500ml (E)       \$4.50       Beef Sausage Roll (O) 120gr       \$4.00         Sparking Water 500ml (E)       \$4.50       Beef Sausage Roll (O) 120gr       \$4.00         Blackcurrant, Raspberry, Grage, Orange Passio, Watermelon       Hot Cheese Roll (E)       \$3.00       Fruit Salad (E)       \$5.00         Orak Lite - 250ml (E)       \$3.50       Fruit Salad (E)       \$5.00       Fruit Salad (E)       \$2.00         Okak Lite - 250ml (E)       \$3.50       Grain Waves 22gr (Sr Crm) (O)       \$2.00       Occasional         Gr Gluten Free       Beef Or Chicken)       Beef Sausage Roll (E)       \$6.00       Beef Sausage Roll (E)       \$2.00         Chocolate or Strawberry       TUESDAY       TUESDAY       Grain Waves 22gr (Sr Crm) (O)       \$2.00         Asian vegetables tassed with Chinese sause & noodles       Beef (Lettuce, Shredded Cheese, tomato & sour cream)       Chicken Stir-fty wit Hokkien Noodles (E)       \$6.00         WEDNESDAY       THURSDAY       Vegetarian Fried Rice (E)       \$5.00       \$4.00 OR MORE	o, cheese, onion	\$0.60	Bbq Chicken	\$5.00	Frozen Orange Qtr (E)	\$0.50		
bulke 250ml {E}       \$3.00       "HOT BAR"         Like Beef Pies (0)       \$4.00         Water 600ml       \$2.00       Beef Sausage Roll (0) 120gr \$4.00       "SNACKS "         Sparkling Water 500ml {E}       \$4.50       Served with sour cream & sweet chilli       Yoghunt & Fruit {E}       \$5.00         Sparkling Water 500ml {E}       \$4.50       served with sour cream & sweet chilli       Yoghunt & Fruit {E}       \$5.00         Sparkling Water 500ml {E}       \$4.50       served with sour cream & sweet chilli       Yoghunt & Fruit {E}       \$5.00         PODD CODING       Crusty roll with melted tasty cheese       Cheese & Rice Crackers {E}       \$2.00       Occasional         MAILE ~       Mame Coup Noodles {0)       \$3.50       Fruit (E)       \$1.00       E       E Veryday       0       Occasional         Occolate or Strawberry       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Sait) {0}       \$2.00       Sca       Gr Gluten Free         MONDAY       TUESDAY       Sparked dcheese, tomato & sour cream       Chicken Stir-fry w/ Hokkien Noodles {E}       \$6.00       Sec.00       Sec.00       \$4.00 OR MORE         WEDNESDAY       Spaghetti Bolognese {E}       \$6.00       Vegetarian Fried Rice {E}       \$5.00       \$5.00       \$4.00 OR MORE	•				Mony (E)	\$1.50		
Drange, apple, orange & mango       Lite Beef Pies (O)       \$4.00         Water 600ml       \$2.00       Beef Sausage Roll (O) 120gr       \$4.00       ~ SNACKS ~         Spring Water 500ml (E)       \$4.50       Dren Baked Wedges (O)       \$5.00       Sliced Watermeion (E)       \$2.00         Sparkling Water 500ml (E)       \$4.50       Served with sour cream & sweet chill       Yoghurt & Fruit (E)       \$5.00         Sparkling Water 500ml (E)       \$4.50       Hot Cheese Roll (E)       \$3.00       Fruit Salad (E)       \$5.00         Blackcurrant, Raspberry, Grape, Orange Passio, Watermeion       Hot Cheese Roll (E)       \$3.00       Fruit (Saasonal) (E)       \$1.00         Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Sait) (O)       \$2.00         Chocolate or Strawberry       TUESDAY       Red Rock 28gr (Sea Sait) (O)       \$2.00         MONDAY       TUESDAY       Burito (E)       \$6.00         Asian vegetables tossed with Chinese sauce & noodles       Beef (Lettuce, Shredded Cheese, tomato & sour cream)       K4.00 OR MORE         WEDNESDAY       THURSDAY       Shredded Cheese, tomato & sour cream)       K4.00 OR MORE         WEDNESDAY       \$6.00       Yegetarian Fried Rice (E)       \$5.00       Sour cream) <td>D DRINKS ~</td> <td></td> <td></td> <td></td> <td>(Lemon Ice, Red Berry Blast)</td> <td></td> <td></td> <td></td>	D DRINKS ~				(Lemon Ice, Red Berry Blast)			
Water 600ml       \$2.00       Beef Sausage Roll (0) 120gr       \$4.00       ~ SNACKS ~         Spring Water (E)       Oven Baked Wedges (O)       \$5.00       Sliced Watermelon (E)       \$2.00         Spring Water 500ml (E)       \$4.50       Served with sour cream & sweet chilli       Yoghurt & Fruit (E)       \$5.00         Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon       Hot Cheese Roll (E)       \$3.00       Fruit Sladd (E)       \$5.00         YMIK ~       Ocal Lite - 250ml (E)       \$3.50       Fruit Sladd (E)       \$1.00       E       Everyday         Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Sait) (O)       \$2.00       Grain Waves 22gr (Sr Crm) (O)       \$2.00         KONDAY       TUESDAY       Burrito (E)       \$6.00       Burrito (E)       \$6.00       Beef (Lettuce, Shredded cheese, tomato & sour cream (Chicken (Lettuce, Shredded cheese, tomato & sour cream (Chicken (Lettuce, Shredded cheese, tomato & sour cream (Chicken (Lettuce, Shredded cheese, tomato & sour cream (Cheese, tomato & sour cream (Chicken (Lettuce, Shredded cheese, tomato & sour cream (Cheese, tomato & sour cream (Cheese, tomato & sour cream (Cheese, tomato & sour cream (Chicken (Lettuce, Shredded cheese, tomato & sour cream (Ch	50ml (E)	\$3.00	"HOT BAR"					
Spring Water (E)       Oven Baked Wedges (O)       \$5.00       Sliced Watermelon (E)       \$2.00       Approved Operators         Spring Water 500ml (E)       \$4.50       served with sour cream & sweet chilli       Yoghurt & Fruit (E)       \$5.00         Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon       Hot Cheese Roll (E)       \$3.00       Fruit Salad (E)       \$5.00         YMILK ~       Ocen Baked Wedges (O)       \$3.50       Fruit Salad (E)       \$5.00         YMILK ~       Oak Lite - 250ml (E)       \$3.50       Grain Waves 22gr (See Santh (O)       \$2.00         Ocen Baked Wedges (O)       \$3.50       Fruit Salad (E)       \$2.00       Cheese & Rice Crackers (E)       \$2.00         YMILK ~       Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Santh (O)       \$2.00         Chocolate or Strawberry       \$3.50       IBeef (Lettuce, Shredded Cheese, tomato & sour cream Chicken (Lettuce, Shredded Cheese, tomato & sour cream Chicken (Lettuce, Shredded Cheese, tomato & sour cream Chicken (Lettuce, Shredded Cheese, tomato & sour cream)       \$4.00 OR MORE         WEDNESDAY       THURSDAY       THURSDAY       \$5.00       Yegetarian Fried Rice (E)       \$5.00	e, apple, orange & mango		Lite Beef Pies (O)	\$4.00				
Spring Water (E)       Oven Baked Wedges (O)       \$5.00       Sliced Watermeion (E)       \$2.00         Sparkling Water 500ml (E)       \$4.50       served with sour cream & sweet chilli       Yoghurt & Fruit (E)       \$5.00         Sparkling Water 500ml (E)       \$4.50       served with sour cream & sweet chilli       Yoghurt & Fruit (E)       \$5.00         Blackcurrant, Raspberry, Grape, Orange Passio, Watermelon       Hot Cheese Roll (E)       \$3.00       Fruit Salad (E)       \$5.00         "MILK ~       Mame Cup Noodles (O)       \$3.50       Fruit Seasonall (E)       \$2.00       Fruit Seasonall (E)       \$2.00         Ooka Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Salt) (O)       \$2.00       FooD CoDING         E       Everyday       O       Occassional       GF       Glutten Free         MONDAY       TUESDAY       Sended Cheese, tomato & sour cream         WEDNESDAY       Sended Littuce, Shredded Cheese, tomato & sour cream       Sended Cheese, tomato & sour cream       Sended Cheese, tomato & sour cream       Sended Cheese, tomato & sour cream         WEDNESDAY       Sendettii Bolognese (E)       S6.00	600ml	\$2.00	Beef Sausage Roll (O) 120gr	\$4.00	~ SNACKS ~		MTB are NSW	/ Healthy School Canteen
Sparkling Water 500ml (E)       \$4.50       served with sour cream & sweet chilli       Yoghurt & Fruit (E)       \$5.00         Blackcurrant, Raspberry, Grape, Orange Passio, Watermeion       Hot Cheese Roll (E)       \$3.00       Fruit Salad (E)       \$5.00         *MILK ~       Mamee Cup Noodles (O)       \$3.50       Fruit (Eeasonal) (E)       \$1.00       E       Everyday         Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Salt) (O)       \$2.00       Occasional         Grain Waves 22gr (Sr Crm) (O)       \$2.00       Grain Waves 22gr (Sr Crm) (O)       \$2.00       Grain Waves 22gr (Sr Crm) (O)       \$2.00         MONDAY       TUESDAY       Buertho (E)       \$6.00       Beef (Lettruce, Shredded Cheese, tomato & sour cream)       Chicken Stir-fry w/ Hokkien Noodles (E)       \$6.00       Beef (Lettruce, Shredded Cheese, tomato & sour cream)       \$4.00 OR MORE         WEDNESDAY       THURSDAY       THURSDAY       Y       Y       Y       Y         Spaghetti Bolognese (E)       \$6.00       Vegetarian Fried Rice (E)       \$5.00       Sour cream)       Y	Water (E)		Oven Baked Wedges (O)	\$5.00	Sliced Watermelon (E)	\$2.00		
Crusty roll with meited tasty cheese       Cheese & Rice Crackers (E)       \$2.50         Mamee Cup Noodles (O)       \$3.50       Fruit (Seasonal) (E)       \$1.00         Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Saith) (O)       \$2.00         Chocolate or Strawberry       Image: Cup Noodles (O)       \$3.50       Red Rock 28gr (Sea Saith) (O)       \$2.00         MONDAY       TUESDAY         Chicken Stir-fry w/ Hokkien Noodles (E)       \$6.00       Burrito (E)       \$6.00         Asian vegetables tossed with Chinese sauce & noodles       Beef (Lettuce, Shredded cheese, tomato & sour cream)       Chicken (Lettuce, Shredded cheese, tomato & sour cream)         WEDNESDAY       THURSDAY       Sourd Cheese, tomato & sour cream)       \$5.00         WEDNESDAY       THURSDAY       Sour Cream)       \$5.00	ing Water 500ml (E)	\$4.50	served with sour cream & sweet	t chilli	Yoghurt & Fruit (E)	\$5.00		
Crusty roll with melted tasty cheese       Cheese & Rice Crackers (E)       \$2.50         Mamee Cup Noodles (O)       \$3.50       Fruit (Seasonal) (E)       \$1.00         Oak Lite - 250ml (E)       \$3.50       (Beef or Chicken)       Red Rock 28gr (Sea Sait) (O)       \$2.00         Chocolate or Strawberry       Image: Comparison of the comparison of t	urrant, Raspberry, Grape, Orange Pas	sio, Watermelon	Hot Cheese Roll (E)	\$3.00	Fruit Salad (E)	\$5.00	F	
MILK ~     Mamee Cup Noodles (0)     \$3.50     Fruit (Seasonal) (E)     \$1.00       Oak Lite - 250ml (E)     \$3.50     (Beef or Chicken)     Red Rock 28gr (Sea Sait) (0)     \$2.00       Chocolate or Strawberry     Grain Waves 22gr (Sr Crm) (0)     \$2.00     Grain Waves 22gr (Sr Crm) (0)     \$2.00			Crusty roll with melted tasty che	ese	Cheese & Rice Crackers (E)	\$2.50		
Chocolate or Strawberry HOME-MADE WEEKLY SPECIALS MONDAY Chicken Stir-fry w/ Hokkien Noodles (E) \$6.00 Asian vegetables tossed with Chinese sauce & noodles Beef (Lettuce, Shredded Cheese, tomato & sour cream Chicken (Lettuce, Shredded Cheese, tomato & sour cream) WEDNESDAY Spaghetti Bolognese (E) \$6.00 Vegetarian Fried Rice (E) \$5.00	<~		Mamee Cup Noodles (O)	\$3.50	Fruit (Seasonal) (E)	\$1.00		
HOME-MADE WEEKLY SPECIALS         MONDAY       TUESDAY         Chicken Stir-fry w/ Hokkien Noodles (E)       \$6.00         Asian vegetables tossed with Chinese sauce & noodles       Beef (Lettuce, Shredded Cheese, tomato & sour cream)         WEDNESDAY       THURSDAY         Spaghetti Bolognese (E)       \$6.00         Vegetarian Fried Rice (E)       \$5.00	te - 250ml (E)	\$3.50	(Beef or Chicken)		Red Rock 28gr (Sea Salt) (O)	\$2.00		
MONDAY     TUESDAY       Chicken Stir-fry w/ Hokkien Noodles (E)     \$6.00       Asian vegetables tossed with Chinese sauce & noodles     Burrito (E)     \$6.00       WEDNESDAY     THURSDAY       Spaghetti Bolognese (E)     \$6.00       Vegetarian Fried Rice (E)     \$5.00	late or Strawberry				Grain Waves 22gr (Sr Crm) (O	) \$2.00		
NONDAY     IDESDAY       Chicken Stir-fry w/ Hokkien Noodles (E)     \$6.00       Asian vegetables tossed with Chinese sauce & noodles     Berf (Lettuce, Shredded cheese, tomato & sour cream)       WEDNESDAY     THURSDAY       Spaghetti Bolognese (E)     \$6.00       Vegetarian Fried Rice (E)     \$5.00		HOME-M	ADE WEEKLY SPECIA	LS		COMBO	DEAL	
Asian vegetables tossed with Chinese sauce & noodles Beef (Lettuce, Shredded cheese, tomato & sour cream) Chicken (Lettuce, Shredded Cheese, tomato & sour cream) WEDNESDAY THURSDAY Spaghetti Bolognese (E) \$6.00 Vegetarian Fried Rice (E) \$5.00	ONDAY		TUESDAY					WHEN IOU SPENI
Chicken (Lettuce, Shredded Cheese, tomato & sour cream)       WEDNESDAY     THURSDAY       Spaghetti Bolognese (E)     \$6.00     Vegetarian Fried Rice (E)     \$5.00		and the second		•		\$4.00 OR MORE		
Spaghetti Bolognese (E) \$6.00 Vegetarian Fried Rice (E) \$5.00	an vegetables tossed with Chinese sau	ce & noodles			The second s			
	DNESDAY		THURSDAY					
University Defension and with some dealth for the source black on the first source black of the source bla	ghetti Bolognese (E)	\$6.00	Vegetarian Fried Rice (E)	\$5.00		(		
Homemade Bolognese sauce tossed with spaghetti Steamed rice tossed with fresh vegetables & soy sauce	nemade Bolognese sauce tossed with	spaghetti	Steamed rice tossed with fres	sh vegetables & so	by sauce	0		
nomemaae bolognese sauce tossed with spagnetti steamea rice tossed with jresh vegetables & soy sauce	cken Stir-fry w/ Hokkien Noodles (E) an vegetables tossed with Chinese sau DNESDAY ghetti Bolognese (E)	ce & noodles \$6.00	Burrito (E) Beef (Lettuce, Shredded chee Chicken (Lettuce, Shredded C THURSDAY Vegetarian Fried Rice (E)	se, tomato & sour heese, tomato & s \$5.00	r cream sour cream)			



Mitchell High School is a Positive Behaviour for Learning (PBL) school. All students are taught to be **R.E.A.L.** students, that is Respectful, Engaged & Active Learners. All students in Year 7 will be taught about these expectations early in Term 1 and it will be expected that they support the school in its endeavour to increase all aspects of school life in a positive way.

	MHS CODE OF CONDUCT
RESPECTFUL	Respect others and their personal property Be honest Follow school and classroom rules
	<ul><li>Be organised</li><li>Bring the correct equipment to school</li><li>Leave prohibited items at home</li></ul>
ENGAGED	Look after our school and help maintain our school's good
& ACTIVE	<ul> <li>name</li> <li>Keep our school clean and well presented</li> <li>Assist official visitors to the school</li> <li>Behave appropriately at all times. This includes travelling to and from school</li> </ul>
	Be in the right place at the right time
	<ul> <li>Learn all you can</li> <li>Pay attention in class Be involved in school activities</li> </ul>
LEARNERS	<ul> <li>Take pride in yourself and your work</li> <li>Wear your uniform with pride</li> <li>Value honesty in yourself and others</li> <li>Keep your books covered and in a neat condition</li> <li>Try your hardest in everything you do</li> </ul>



### **User Name and Network Access**

Each student has been allocated a username for the school network and internet. Students are to always log on and off from the computers at the end of each session. Students are to never share their password or use another students' password. The sharing of passwords gives users the ability to conduct inappropriate actions on the behalf of the password owner. Disciplinary action as per the School Code of Conduct will be followed for misuse of passwords.

### Acceptable uses of Information and the Internet

If a student stumbles on any controversial material they are to report it directly to their teacher and/or ICT coordinator immediately. Students who do not report such sites immediately, will be subject to disciplinary action.

Students should ensure they do not:

- Us the network for any illegal activity, including violation of copyright or other contracts
- Damage or disrupt equipment, software or system performance
- Vandalise or interfere with data of other users on the network
- Gain unauthorised access to resources
- Download, store, create, send or print files or messages that are deemed to be profane, obscene, or that use language that offends or tends to degrade others
- Transmit personal information about any member of the school community
- Access offensive (including pornography), dangerous or potentially destructive information
- Download any files unless specifically authorised to do so by the ICT Coordinator or teacher.

It must be noted that electronic mail is not guaranteed to be private and the school has access to all mail. Messages relating to or in support of illegal activities may be reported to the authorities.

### Plagiarism / Cheating

Sharing class work using technology such as Bluetooth, unless approved as part of the lesson may be deemed cheating. Cheating using technology is still cheating. Copying material straight from a website is seen as plagiarism and will not be accepted. The consequences for cheating or plagiarism are subjective to the schools assessment procedures which may result in the student receiving a 0 mark.

### **Use of Headphones in Class**

Students may not use headphones on their computers in class without the prior permission of the class teacher.

### **Backup Procedure**

It is the responsibility of the student to backup any work to an external drive or the Cloud.



### CONTINUED DISOBEDIENCE

### (Extract from "Discipline Procedures")

The following sanctions may be applied to students who are disobedient on more than one occasion.

- In-school detention
- After school detention\*
- Placement on a monitoring card / HT monitoring card
- Placement on a monitoring book (pink book)
- Withdrawal from class\*
- Withdrawal to a Head Teacher
- Non-attendance at a school formal\*
- Formal caution
- Suspension from school

\*may be used when the 'persistent defiance' relates to uniform\*

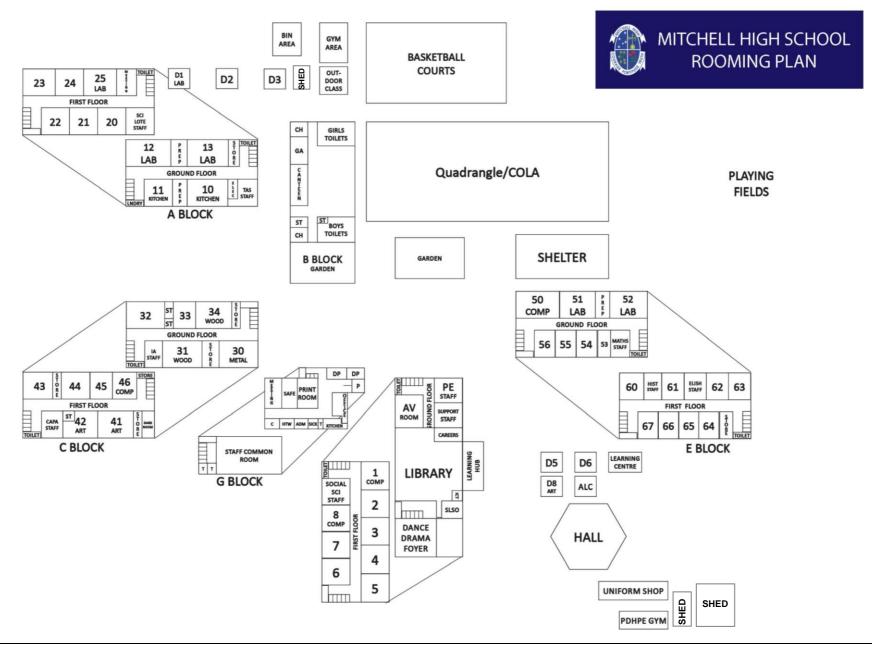
The particular sanction will be chosen after consideration of the severity of the offence, whether the offence has been repeated and the student's previous history.

### Appeals

Students and their families have the right to appeal any of the above sanctions applied under the school's 'Discipline Procedures'. In the case of a formal appeal it should be in writing and forwarded through the Deputy Principal for consideration by the Appeals Committee.



### CLASSROOM PLAN





### GENERAL INFORMATION

### Parents & Citizens Association (P&C) & Parent Forum Meeting

The Parents & Citizens Association (P&C) and Parent Forum meet every Term in Week 5 on Wednesdays at 6.30pm in the MHS Common Room. The aim of this body is to promote the interests of the school through forum discussion by bringing parents, students and the school teaching staff into closer cooperation. Please become an active member of our school community by attending meetings. You will be made very welcome and you will find them most worthwhile.

### **School Newsletter**

The MHS newsletter is published twice a term on Wednesday (Week 5 and 10). It contains items of interest to parent/carer(s), e.g. reports from the Principal, notices of meetings, functions and school events. Newsletters can be viewed from our MHS website. The link is provided on the MHS Facebook page as well.

### Textbooks

Textbooks are provided by the school. Students must exercise special care with these books, as the cost of textbooks is very high. At the time of issue the condition is recorded and it is expected that the book will be returned in a similar condition, otherwise a charge is made. When students leave it is essential that all texts are returned or a compensatory charge will be made.

### **Medical Changes**

Please notify the MHS Administration Office in writing if there are any changes with your son/daughter's medical conditions immediately e.g. medical conditions, medications, allergies, injuries etc.

### **Change of Student Custody**

If the parent/carer is going away on holidays and leaving their child in the care of someone else for that period of time, please notify the MHS Administration Office in writing on the dates and contact details on who will be caring for your child during that time.

### **Change of Contact Details**

If you change your contact telephone numbers, address or emergency contacts, please notify the MHS Administration Office immediately of these changes.



### Students in the playground should follow these requirements:

- $\hfill\square$  Students are to obey the directions given by supervising teachers
- □ Students are responsible for placing rubbish in bins provided and leaving all areas clean
- $\Box$  School rules must be obeyed
- □ Dangerous or potentially dangerous behaviour is not permitted
- □ Any dangerous objects in the possession of students will be confiscated

### AREA REQUIREMENTS

#### **Before School**

- $\Box$  No ball games.
- □ Remain close to the MHS Administration Office and only under the Covered Outdoor Learning Area (COLA).
- □ There will be minimal supervision provided by staff at school. Any student who has a problem and requires assistance needs to report to the MHS Administration Office.

#### **Canteen Area**

- □ Students are to remain behind the marked line and in lines if waiting to purchase food from the counter.
- □ Students should not be in the canteen during recess or lunch unless waiting to purchase food.
- □ Students are not to be approached to purchase food for others while standing in line.
- $\Box$  No purchases are to be made after the bell.

### **Covered Outdoor Learning Area (COLA)**

- Handball is permitted under the COLA. No other ball games are permitted.
- $\Box$  Students may sit and eat quietly in this area.

### **Basketball Courts**

- □ Students are permitted to play half-court basketball games and handball (with a tennis ball).
- $\hfill\square$  No other games using soccer and footballs are allowed on the courts.
- $\Box$  No games are permitted beside or behind the basketball courts.
- □ Students are not permitted beyond the basketball courts towards the fence line and should not move beyond the out of bounds lines near the toilets.

### Year 7 Area

- $\Box$  No ball games or running are permitted.
- $\hfill\square$  Steps at the entrance to A Block are out of bounds.
- $\hfill\square$  The area behind the girl's toilets is out of bounds.
- □ Students are permitted to sit on the chairs and the grassed area up to the concrete block outside the Technological and Applies Studies (TAS) staff room. Students should not block walkways.



### IN THE PLAYGROUND

### Oval

- Rugby field to be open at recess and first half of lunch; soccer field to be opened second half lunch as well.
- □ Students should only be on the ovals to play ball games without tackles. No standing / loitering is permitted.
- $\Box$  Students must remain in bounds. They are not to be on the fenced sides of the fields.
- $\Box$  No students are permitted in the vicinity of the hall.
- $\Box$  No ball games are permitted on the area between the Year 10 area and the hall.
- $\hfill\square$  No food is to be taken out onto the fields.
- $\hfill\square$  Steps at the rear of E Block and wall areas along the block are out of bounds.
- $\hfill\square$  Students must wear footwear when using the field.

### Library / Administration Office / Area F

- $\hfill\square$  The gardens and lines of trees are out of bounds.
- $\hfill\square$  Steps at the entrance to C Block, the library and demountables are out of bounds.
- □ Students are permitted to play handball only on the concrete area between E Block and D Block. All other ball games must be played on the oval.
- □ Students may use the seating between E Block and the hall, however, they must remain in the area bordered by the trees and ensure it remains clean and tidy.

### **Out of Bound Areas**

- $\Box$  The library foyer.
- $\hfill\square$  The garden and area past the line of trees.
- □ Steps at the entrance to TAS / Science Block and library.
- $\hfill\square$  Area outside the girls' toilets.



### IN THE PLAYGROUND

AREA A:	AREA B:	AREA C:	AREA D:	AREA E1:	AREA E2:	G : 4
Canteen	Boys' toilets / COLA	Girls' toilets / BB courts	Ovals	Yr 7 Area	Library / Office	Senior Area
<ul> <li>I line up within the correct painted lines.</li> <li>I purchase food only for myself.</li> <li>I speak politely and use appropriate language.</li> <li>I am friendly towards others.</li> <li>I treat the vending machines with care.</li> <li>I leave the Canteen as soon as I have made my purchase.</li> <li>I put my rubbish in the bin.</li> <li>I move to class as soon as the bell goes.</li> </ul>	<ul> <li>I stay in-bounds.</li> <li>I play handball and eat in the designated areas.</li> <li>I put my rubbish in the bin.</li> <li>I am friendly towards others.</li> <li>I keep my equipment safe.</li> <li>I sit on the seats provided or in a safe in-bounds area.</li> <li>I use the toilets in a hygienic fashion.</li> <li>I move straight to class when the bell goes.</li> </ul>	<ul> <li>I stay in-bounds.</li> <li>I play half court basketball or handball on the basketball courts</li> <li>I eat in the designated areas</li> <li>I put my rubbish in the bin</li> <li>I am friendly towards others.</li> <li>I keep my equipment safe.</li> <li>I sit on the seats provided or in a safe in-bounds area.</li> <li>I use the toilets in a hygienic fashion.</li> <li>I move straight to class when the bell goes.</li> </ul>	<ul> <li>I stay in-bounds.</li> <li>I remain away from the steps in E Block and the Hall.</li> <li>I play ballgames and do not tackle.</li> <li>I play only on the rugby field at Recess &amp; Lunch</li> <li>I can <u>also</u> play on the soccer field during <u>Lunch 2</u>.</li> <li>I am friendly towards others.</li> <li>I wear school or sports shoes on the ovals and change sports shoes before returning to class.</li> <li>I do not eat or drink on the oval.</li> <li>I keep my equipment safe.</li> <li>I move straight to class when the bell goes.</li> </ul>	<ul> <li>I stay in-bounds.</li> <li>I eat in the designated areas</li> <li>I put my rubbish in the bin</li> <li>I am friendly towards other students</li> <li>I keep my equipment safe.</li> <li>I sit on the seats provided or in a safe in-bounds area.</li> <li>I do not block walkways.</li> <li>I walk safely around this area.</li> <li>I move straight to class when the bell goes.</li> </ul>	<ul> <li>I stay in-bounds.</li> <li>I eat in the designated areas</li> <li>I put my rubbish in the bin</li> <li>I play handball only in the designated area.</li> <li>I am friendly towards other students</li> <li>I keep my equipment safe.</li> <li>I sit on the seats provided or in a safe in-bounds area.</li> <li>I stay away from the D Block steps, the demountables, the storage containers and the Hall.</li> <li>I move straight to class when the bell goes.</li> </ul>	<ul> <li>I stay inbounds.</li> <li>I put my rubbish in the bin.</li> <li>I am friendly towards other students.</li> <li>I keep my equipment safe.</li> <li>I sit on the seats provided or in a safe inbounds area.</li> <li>I stay away from the driveway, school gates and bus bay.</li> <li>I move straight to class when the bell goes.</li> </ul>



MOBILE PHONE STUDENT EXPECTATIONS

It is strongly recommended that students at Mitchell High School do not bring mobile phones to school. The school is unable to ensure that such items are secure and we cannot be held responsible for their loss or damage. If a parent/carer decides that their child needs a mobile phone for safety purposes it is permitted at school under the following conditions.

### Before class: (while waiting to go into class)

□ I will prepare to turn my mobile phone off (and/or place on silent) and pack my mobile phone (and ear phone device) away when lining up for class.

### **During class time:**

- □ My mobile phone (and my ear phone device) will be packed away in my school bag prior to entering the class room and continue to stay in my bag for the duration of the lesson (unless told otherwise by a teacher).
- □ I will make sure that my mobile phone is not visible to my teacher at any time throughout the lesson. (e.g. not on my desk)
- □ I will not access my mobile phone throughout the lesson to answer/make phone calls, write/respond to text messages, play/listen to music, access social media, take photos etc without teacher permission. This includes recording and filming of others (both staff and students) without their consent.
- □ I can only access and use my mobile phone during class time for educational purposes and with the permission of the teacher e.g. calculator function, reminder/calendar function, to do research, take photos of the board/classwork as instructed by the teacher etc.
- □ I will place my mobile phone in the teacher backpack during PDHPE, Sport Science and Sport lessons.
- □ I will hand my mobile phone to the teacher before I go to the bathroom during the lesson and collect it back upon return.
- □ I will hand my mobile phone to a staff member and/or to an exam supervisor (if I choose for it to not be left in my school bag) during a formal exam in the Hall.

### **During break times:**

- □ I will **NOT** make phone calls and/or receive (answer) calls throughout the day.
- □ I will be respectful of others around me and be aware of privacy and safety issues related to the use of mobile phones if I choose to use my phone during my break time. This includes recording and filming of others without consent.

### Please note:

- □ I will respectfully follow the instruction given by any staff member (exam supervisor) at all times when dealing with issues with regard to mobile phone misuse.
- □ I understand that if I choose to not respectfully follow the instructional request given by the teacher and/ or by the exam supervisor I will incur discipline procedures (e.g. lunch detentions, letters of concern etc) and parent/carer(s) may be contacted. This could lead to a formal caution, before/after school detention and possibly lead to a suspension from school.
- □ I will encourage my parent/carer to contact the school if they ever need to pass on an important message to me.



Office Duty has been a feature of life at Mitchell High School since the school opened. In Term 1, two students from Year 8 are selected each day to perform duty for one day. Students are selected in turn from the roll. From Term 2 for the rest of the year two students are selected from Year 7 each day to perform this duty.

The purpose of Administration Office Duty is multi-faceted. First and foremost it is a community service for the entire school community. Mitchell High School is a large school and the school does not have an intercom system. Many students will be called to the Administration Office throughout the day to take messages from their families, to see the Principal, Deputy Principal, Counsellor or other school personnel. The vital function the office duty students perform enables a timely response.

Performing the duty helps develop and refine skills of time management, understanding and following directions and interpersonal skills. Students get to understand the structure of the school better and come in contact with a very wide variety of teachers, Head Teachers and Support Staff. The students receive praise and encouragement for doing the duty and many students report that they thoroughly enjoy their day of office duty.

The Parents & Citizens Association (P&C) and Parent Forum support the practise of office duty, however, if any parent wishes that their child not complete office duty please contact the Administration Office and their child's name will be removed from the office duty roll.



### MILLENNIUM PARENT/STUDENT PORTAL ACCESS

At Mitchell High School, we record information about students on an electronic program called **Millennium.** 

The Millennium Parent/Student Portal is an online parent portal which provides parent/carer(s) with 24/7 access to their son/daughter's attendance, school reports, assessments and valuable school information for improved learning.

Information you will be able to access and print through the Millennium Parent/Student Portal:

- Student timetable
- Attendance summary
- School calendar
- School notices
- Half Yearly and Yearly school reports. Student reports will only be available in a digital format.
- Markbook/Assessment(s)
- Link to our school's website and Facebook page
- Assorted school regulations, procedures and resources
- Parent/Carer(s) teacher interview bookings.

Below are instruction on how to access the Millennium Parent/Student Portal.

### Use Google Chrome Millennium Parent/Student Portal link: https://www.millenniumschools.net.au/portal/ User Name: Handed out first day of student enrolment Password: Handed out first day of student enrolment School: mitchell (type in lowercase letters) Your user name and password is unique to your family, so please keep them secure

**Please Note:** Parent/Carer(s) need to ensure that their email address is current when using the Millennium Parent Portal. If you forget your password, your new password will be emailed to you. To update your email address and password you will need to click on the tab 'My Account' on the left hand side.

MODIFY MY ACCOUNT :	[ Details ]
UserName :	
FirstName :	
LastName :	
Email Address :	????@hotmail.com
Change Password :	(Leave blank to keep existing password)
Current Year :	> 2019 🗸
Modify Account	

We encourage all parent/carer(s) and students to use the portal to engage in your son/daughter's education and if you need assistance, please contact your son/daughter's Year Adviser or Deputy Principal.



### The following are Mitchell High School and Department of Education requirements:

- **1.** Students arriving before 8.30am must remain in the courtyard area. There are to be no ball games played before school in any area of the playground.
- 2. A student who is late to class must have a note from a teacher. Students late to school must bring a note or have a parent/carer contact the school and report to the attendance office. (see school routine arriving late)
- 3. A note written and signed by a parent or carer must be handed in at attendance office on the first day back after an absence. Parents are asked to contact the school if an absence of more than two days is expected. Parents/Carers will also receive a text message from the school if a student is absent. You may reply the reason via a text message on 0427 463 129 and this will be counted as a satisfactory explanation. This text SMS service is only used for absences.
- **4.** School uniform must be worn at all times. If temporary difficulty is experienced a parental note must be presented to a Head Teacher for a signature. Any notes requiring permission longer than three (3) days must be signed by a Deputy Principal.
- **5.** P.E. uniform and joggers must be worn for P.E. lessons only. They must only be worn to and from school on the days that students have PE or sport Period 1. Full school uniform must be brought to change into. Hats are compulsory during Terms 1 and 4. Valuables, including mobile phones should be placed in the staff back pack.
- **6.** Required safety clothing/shoes and equipment for specialist subjects must be worn.
- **7.** During school hours, students are not permitted to leave the school grounds without written permission from the Deputy Principal or her/his delegate.
- **8.** Students must not be out of class during lesson times unless they are carrying an explanatory note from a teacher.
- **9.** Students are not permitted on school premises before or after notified school hours unless with a teacher or with written permission from the Deputy Principal or her/his delegate.
- **10.** Students must carry a bag, which will protect books from damage. Any loss or damage to books is the responsibility of the student.
- **11.** A student who is feeling ill must go to the MHS Administration Office, carrying an explanatory note from their teacher, where they will be sent into the sick bay clinic. If it is felt the student is ill enough to be sent home, the Administration Staff will contact parent/carer(s) to arrange for transportation.
- **12.** Students are not permitted to smoke, have cigarettes, vapes, lighters/matches, nor intentionally be in the company of smokers, either at school, or on the way to or from school.



- **13.** These items must not be brought to school:
  - $\Box$  chewing/bubble gum
  - □ game boys, MP3, iPod, electrical devices
  - □ large amounts of money or other valuables
  - □ dangerous implements, materials or substances
  - □ cigarettes, vapes, lighters, matches
  - □ unsuitable reading material
  - $\Box$  aerosol cans e.g. deodorant.

### **Please Note:**

Students who bring the above items may have them confiscated and they may need to bring a note in the following day to have them returned where appropriate. Some items may result in disciplinary action.

- 14. Students are not permitted to eat or drink in classrooms, corridors or stairways.
- **15.** Movement in corridors should be quiet and orderly. Keep to the left. Do not run.
- **16.** No student is allowed to enter a staffroom without permission. A teacher must be in the staffroom before a student may enter.
- **17.** Students are to remain in the correct areas of the playground and observe the playground requirements.
- **18.** Students entering specialist rooms or the school library are to place their bags as designated by their supervising teacher. **Wallets and valuables are to stay with the student at all times.**
- **19.** Red lines indicate out of bounds areas. No student may enter an out of bounds area except when arriving or leaving school.
- **20.** Students are not to be near the bike racks except on arrival or departure from school. **Helmets must be worn by cyclists.**
- **21.** If a teacher is absent and no replacement teacher is available, students must report to the designated area outside the Administration Block and remain seated and study quietly.
- **22.** If any class is left unsupervised, a class representative must report this to either the Head Teacher of the subject concerned or to the Deputy Principal.
- **23.** Mobile Phones: Please see the Mobile Phone Procedures on Page 33.



### The following information should assist you in settling into Mitchell High School.

### School Hours. See page 5 for bell times.

Monday	8.55am – 2.15pm
Tuesday – Friday	8.55am – 3.00pm

### School Days

**Each day consists of 5 x one hour periods**. The timetable is organised over two weeks. The timetable is different in each of these two weeks. They are referred to as **Week A** and **Week B**. Each term will always begin in Week A.

### **School Gates**

School gates are closed every day at 9.30am and entry to the school is only accessible through **Gate 1**, which is located on Keyworth Drive (near the letter box and school pedestrian crossing).

### Roll Call

Daily roll call occurs at 8.55am each day in students' period 1 class. It is imperative that students be present at school prior to 8.55am so that they are not late for roll call. Students who arrive after roll call must report to the late room in the Administration Block.

### Arriving Late

A note or parent/carer phone call is required if a student arrives late to school. The note must be taken to the School Administration Officer in the MHS Administration Office before going to class so that the students will be marked present and a late slip will then be issued. This slip must be given to the class teacher to gain entry to class.

### **Timetabled Assemblies**

Timetabled assemblies are held every Monday approximately 15 minutes.

### Sport

Sport is integrated into each student's normal timetable over the two week cycle.

### Canteen

The school canteen operates every school day. It provides a nutritious variety of wholesome foods, both hot and cold. Orders for lunches are taken before school and at recess. To avoid disappointment, we encourage students to order their lunch in advance. See page 7 and 8.



#### Absences

It is important to note that students in Year 10, 11 and 12 require the Principal to sign a statement indicating that attendance, conduct and progress have been satisfactory.

Please contact the school before 10.00am to notify the MHS Administration Office staff if your child is absent. This will then be counted as an explained absence. This will also prevent a text message being sent to your mobile phone, thus saving us the cost of doing this. If you provide us with a parent mobile number we will text you after 11.00 am if we have not heard from you. Please text us back on **0427 463 129** and provide your child's full name and a brief explanation of their leave. This will then be counted as an explained absence. If you do not call or text a letter is requested upon your child's return. If you are planning for your child to be on leave for 5 or more days you need to contact the Principal as only a Regional Director can approve this leave.

### Absences – Student Leave of Absence in School Term

Travel is no longer exempted from school attendance when taken outside of school holiday periods. These periods are counted as absence for statistical purposes. If a student needs to be on extended leave for 5 or more days, the parent/carer needs to contact the MHS Administration Office and make an appointment with the Deputy Principal regarding this matter. If the student is going overseas, original travel documents need to be brought with you at the interview.

The Principal has the authority to grant some leave and exemptions depending on the circumstances. The parent/carer(s) must still make an 'Application for Extended Leave - Travel'. If the leave has been approved a 'Certificate of Extended Leave - Travel' will be issued and the absence will be recorded as 'L' Leave and if the leave has not been approved the absence will be recorded as 'A' Unjustified.

### Leaving Early

To leave early for a good reason, (e.g. a medical appointment) a note is required, signed and dated by a parent or carer, and must be presented to the School Administration Officer in the administration office before roll call. Written permission to leave will then be given. Medical appointments should **not** be made on sport afternoons and wherever possible should be made after school hours.

### **Sick Students**

Students who are ill may be sent to the MHS Administration Office with a note from their teacher. The School Administration Officer will use their discretion as to whether the student will be admitted to sick bay. Sick bay is only to be used for emergencies and those who are genuinely ill. If a student is genuinely sick, a parent/carer(s) or one of the emergency contacts will be contacted, for them to pick up the sick child. **Contact telephone numbers of parent/carer and emergency contacts need to be updated, if there has been a change.** 

### **Interviews / Appointments**

Interviews or meetings with the Principal, Deputy Principal (Years 7, 9, 11), Deputy Principal (Years 8, 10, 12), Head Teachers, Year Advisers, Counsellor, Careers Adviser or class teacher must be arranged via the telephone on a mutually convenient date and time.



Apart from your class teachers and the heads of department there are other members of staff with whom you will be in contact. These are people who are willing to assist you in any way they are able.

### **Executive Staff**

Principal	Ms Marinis
Deputy Principal (Years 8, 10, 12)	
Deputy Principal (Years 7, 9, 11)	
Deputy Principal (Special Projects & Monitoring)	Mrs Kreiss

### **Head Teachers**

Administration	Miss Larrea
Creative and Performing Arts (CAPA)	Mrs Young
English	5
Mathematics	
Personal Development, Health and Physical Education (PDHPE)	
Science	
Secondary Studies/History	Mrs Edwards
Social Science	
Teaching and Learning (Relieving)	Ms Beardmore
Technologies	
Wellbeing	

### **Year Advisers**

Tear Auvisers	
Year 7	
Year 8	. Miss Maricic
Year 9	. Mrs Lukas
Year 10	. Miss Sands
Year 11	. Mrs Chan
Year 12	. Mrs Morris
BYOD	
Careers Adviser	
Debating Coordinator	
History Coordinator	
International Student Coordinator	
Languages Coordinator	. Mrs Larkin
Librarian	. Ms Bunt
Peer Support / SOG	. Mrs Karabetsos
School Counsellor	
Sport Coordinator	
Student Leadership Body (SLB) Coordinator	
Technologies - Industrial Arts Coordinator	-
-	
Business Manager	
School Administration Manager	
School Administrative Officers	. Ms Lindsay, Ms Cossalter, Ms Mathers
	. Miss Halls, Miss McHugh, Mrs Davies
Absentees/Rolls	. Mrs Guttek
Library Assistant	. Mrs Smallwood
Photocopying	
Science Assistant	•
Technologies Assistant	
	=

The Administration Office is open to students to pay for their fees/excursions, collect concession cards and hand in enrolment and leaver's forms. These must be done **before school, recess or lunch**.



### STUDENT INFORMATION

### **Playground Supervision**

All teachers on playground duty wear bright yellow vests for visibility. The Head Teacher on duty for the day will wear an orange vest. Students who require assistance should be able to locate a duty teacher quickly and easily to report any issues.

### **Difficult Students on the Playground**

Students, who cause concern or refuse to obey a teacher's direction, will be referred to the Head Teacher on playground duty for that day. Head Teachers will deal with the situation. This information will be recorded on the Schools Management System. Further problems may be forwarded to the Deputy Principal.

### Late Arrivals from Recess and Lunch

Students should move to class as soon as the bell rings. Class teachers will take action against late arrivals by detaining students for the amount of time they were late and doubling it on a repetition of lateness.

### Students who are Out of Bounds

Students found in out of bounds areas will be required to clean up a designated area at the direction of the teacher on supervision. Persistent offenders will be referred to the Head Teacher on playground duty and/or the Deputy Principal.

### Students at a Training Session for Sporting Activity

Students training at recess or lunchtime, must have a supervising teacher with them at all times or teachers on playground duty will stop the training session. Only students involved in the team are permitted to be in that area.

### Wet Weather

In wet weather only, the ovals will be closed and students may remain in the canteen area, under the Covered Outdoor Learning Area (COLA) or covered walkways. At no time are classrooms to be used.

### **Computer Passwords**

Students needing to change their passwords for school computers or internet or have BYOD forms need to see Miss Scheerhoorn, Head Teacher Administration/Computing, in the main administration building before school, recess or lunch.



A **'right'** is something, which belongs to you and should not be taken away by anyone. All students at Mitchell High School have the same rights. **Responsibilities** are those things you should do without being told. You have Responsibilities to others and towards yourself.

Rights	Responsibilities
I have the right to be happy and to be treated with understanding	I have a responsibility to treat others with understanding, not to laugh at others, tease or try to hurt their feelings.
	I have a responsibility to show others courtesy and treat them with respect.
I have the right to be shown respect and courtesy	I have a responsibility to respect the authority of teachers and ancillary staff.
	If appropriate I should be able to disagree but not to be disagreeable.
I have the right to be safe and to enjoy a healthy lifestyle	I have a responsibility to help make the school safe by not threatening, hitting or hurting anyone in any way.
	I have the responsibility to protect my health and not to smoke, take prohibited substances, alcoholic drinks nor to encourage other students to do so.
I have the right to expect my property to be safe	I have a responsibility to respect other people's property by not stealing, damaging or destroying it.
I have the right to obtain maximum benefit from all lessons	I have a responsibility to cooperate with teachers and other students to ensure lessons proceed for our advantage.
	I have a responsibility to ensure that my behaviour does not interfere with other students' rights to learn.
	I have a responsibility to be punctual, to attend school regularly, to keep up to date with required work and to take part in activities that will be of benefit to me.
I have the right to expect support from the local community	I have a responsibility to behave so that the community will respect our school.
I have the right to a pleasant, clean and well maintained school and grounds	I have a responsibility to care for the school environment, to keep it clean and be prepared to remove litter.



Mitchell High School staff and student representatives have investigated and developed an incentive scheme to reward students for positive behaviour. The incentive scheme will recognise positive student participation in the following expectations:

Respectful Engaged Active Learners

Types of behaviours that will be rewarded under these expectations may include things such as good attendance, personal presentation, school and community participation, behaviour and attitude, and effort and success in course work.

### Recognition of the above participation will be through the following forms:

- □ Presentation Day
- □ VIVO's and R.E.A.L. (Respectful, Engaged & Active Learners) Awards for Bronze, Silver, Gold and Platinum Certificates
- □ Service Awards

**Presentation Day** awards excellence in course work, sport and community achievements.

Staff will issue **VIVO**'s online to students caught demonstrating **R.E.A.L.** expectations in the classroom, on the playground, at sport and many other settings. Students can save up their Vivo's to purchase items in the online shop that has prizes from the school and externally. Students will have access to their accounts online via a password and can monitor their progress. Parents also have access to this information. The Vivo's will also contribute to the students achieving Bronze, Silver, Gold and Platinum Certificates.

The Mitchell High School R.E.A.L. incentive scheme encourages positive behaviour within young people, which will assist them in their pursuit of their individual goals. It will provide students with electronic points and certificates, which can become part of a personal resume as well as assists students to identify their current skills and positive attributes. This scheme may also assist students in their school to work preparation.



All fees are payable to the MHS administration office before school, at recess or lunch and a receipt will be issued upon payment.

### **Internet and Software Licence Fee**

Technology fees help to enhance Mitchell High School provision of educational, sport levy and other extra-curricular programs. The level of payment has been negotiated with the Mitchell High School community and all attempts are made to keep these at a minimum. Monies received are used to supplement the school's base financial allocation. All monies received are directed through to whole school resources such as computers, licensing fees and other technologies and software.

We understand that the costs of living today are high, but your support in early payment would be greatly appreciated, and provides an immediate means for improving the quality of education provision for your child. If you have any difficulties with your payments, please contact the school to negotiate a payment plan.

### If your child's School Technology Fee is paid in full during Term 1 of each year, your fee will be reduced by \$10.00 to act as an incentive.

### **Resource/Printing**

All monies received are directed through to whole school resources such as library books, reference material, periodicals and photocopying. This is a conscious effort to improve the quantity and quality of learning support materials for students.

### **Course/Subject Fees**

Course/Subject fees are mandatory and go towards paying for materials consumed during the production of student work and projects e.g. food, wood, textiles, paints, canvas and so on. All course/subject fees are kept to a minimal rate and any fee changes are negotiated with the Principal and the MHS Parents & Citizens Association (P&C).

All monies requested for specific course/subject fees are used solely for the purchase of consumable materials in those course/subjects. It is most important that students experience the use of a range of materials from fabrics to timbers to sheet music to provide a broad and solid foundation of learning in early secondary years. The payment of course/subject fees provide the school with the funds to purchase materials necessary for use by students in these course/subjects, taking advantage of bulk buy and GST free prices which can be obtained by the school.

#### **Junior Fees**

- Students who are not able to pay the course/subject fee in one instalment must negotiate a payment plan with the school by Term 1 Week 4, or they may be asked to select a non-fee paying subject in consultation with the Deputy Principal or Principal.
- Students in Year 9 will not be able to select a fee paying subject for the following year (Year 10) if their fees remain unpaid. In consideration of this it is important to note that there are many non-fee paying electives that students can choose.
- Students will be unable to attend non-curricular excursions such as camps and International visits unless they have paid their course/subject fees.

### **Preliminary and HSC Fees:**

- Some course/subjects attract additional fees as a result of their use of additional consumable materials. All costs are kept to a minimum but are necessary in order to provide the materials to meet the practical components of the subject.
- Students who elect to take these course/subjects are required to pay for the materials and uniforms that are required to meet the course/subject requirements
- Students who have not paid their fees or negotiated a payment plan, will be required to bring in all of the necessary equipment and supplies for practical lessons
- Students are unable to purchase the Year 12 jersey/jacket or attend non-curricular excursions such as camps, international visits and/or Year 12 formal etc. unless they have paid their subject fees.

### Parents' Online Payment

Visit Mitchell High School's website: https://mitchell-h.schools.nsw.gov.au/ This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner and these details are not passed back to the school. Payments can be made using either a Visa, MasterCard credit or debit card. The payment page is accessed from the front page of the school's website by selecting <u>\$ Make a payment</u>. Payment(s) for subject fees, school contributions, excursions, sales to students and creative and practical arts activities (these include band, drama and dance) can be made here. There is also a category called 'Other': this is to cover items not covered in the previous heading. 'Other' can be used to make a payment of miscellaneous items e.g. overseas tours, calculators, textbooks etc. Uniform items are <u>NOT</u> to be paid for through the online payments system as these must be bought from the uniform shop. Once your transaction is complete a receipt of payment will be emailed to you by Westpac. Please note that the school will not re-issue you a receipt.

### When you access the <u>\$ Make a payment</u> you must enter:

- the student's name, and
- class and/or reference number **OR**
- the student's name, and
- date of birth.

You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed. For any enquiries regarding the Online Payment process please contact the School Administration Office.

### What types of payments are <u>NOT</u> to be paid on the Parents' Online Payment system

MHS uniform shop items are **<u>NOT</u>** to be paid for through the online payments system and any items brought from the MHS uniform shop need to be paid to The School Locker.

- EFTPOS Payment(s) at Mitchell High School's Administration Office
- ChequePayment(s) at Mitchell High School's Administration Office<br/>Cheques made payable to Mitchell High School
- Cash Payment(s) at Mitchell High School's Administration Office



### **Student Support Officer**

The Student Wellbeing Officer is an additional support for the school to assist with the social, emotional and spiritual wellbeing of our students. The Student Support Officer provides one-on-one and small group support and mentoring for students and networks with the local community to provide a broad range of support services to the school. The Student Support Officer runs specific programs tailored to the needs of the students such as resilience building, improving self-esteem and engagement.

### **The School Counsellor**

The Counsellor is available to see students, parents and teachers and is also on call in case of a personal emergency or family crisis. Students are able to be referred to or arrange their own appointments with the Counsellor. The Counsellor's role is developmental, and if it is necessary, students may be referred to outside agencies in the community for specialised help.

Any discussion with the Counsellor is private and the information is kept confidential. As well as individual counselling, groups may be conducted to meet the special needs of students in the school. Some of these may be improving self-esteem, relaxation techniques or study skill methods.

### The Role of the Year Adviser is:

- to encourage a positive, secure, caring environment where each student feels that he or she is important and has an active part to play in the school
- to encourage in each student, a positive self-image
- to be available and receptive to students and to provide support and guidance
- to monitor the general well-being of students and direct students, where necessary, to make students aware of the details of the school's procedures and their rights and responsibilities
- to liaise with families and external wellbeing agencies information about students
- to maintain accurate records of students.



### **Mitchell High School Code of Dress**

"As a student of Mitchell High School I wear my uniform with care and pride to bring credit to myself and my school." (Mitchell HS Code of Dress)

### **Uniform Requirements**

The following outlines the Mitchell High School uniform requirements. The aim is to provide a uniform that is attractive, neat and economical.

Families experiencing difficulty may apply for assistance to provide a uniform under the Students Assistance Scheme (for students in Years 7 to 10). A school uniform clothing pool is maintained by the school. Used items of school uniform may be purchased for a nominal price. Donations of good used uniforms are always welcome.

Mitchell High School uniforms are sold by **The School Locker**. The uniform shop operates during school terms. Operation hours are every:

Tuesday (excluding school and public holidays)	8.00am – 12.00pm
Thursday (excluding school and public holidays)	12.00pm – 4.00pm

Students are expected to wear the appropriate summer or winter uniform in the neat correct manner to and from school, at school and whilst on school excursions unless otherwise stated. It is assumed that any student attending school out of uniform without a note is not conforming to school rules and is aware of the consequences of their actions. Uniform notes will be issued when breaches occur and detentions may be given.

### Students who are out of uniform may be:

- Sent home to change (where possible)
- Required to change into uniform items from the school uniform pool
- Withdrawn from class / placed in the Learning Centre
- Given a detention
- Students in practical classes, for safety reasons, cannot be permitted into class without the correct uniform (e.g. footwear).



### **School Uniform Rules**

- Jewellery allowed includes a watch, studs, or sleepers and one (1) signet ring.
- Only navy blue and white hair accessories.
- All blouses and shirts are to be worn correctly including:
  - anything worn under the shirt or blouse must be tucked in and not showing
  - all shirts and blouses must be tucked in if wearing something over them e.g. a jumper
- Trousers are not to be rolled or tucked into socks or shoes.
- Skirts/shorts must not be rolled up and should be knee length.
- Jackets and sloppy joes are not to be tied around the waist.
- White t-shirts and long sleeve white skivvies may be worn under shirts on cold days.
- Hooded tops are not to be worn at school at any time.
- Cut off trousers and/or corduroy shorts, elastic waist shorts and trousers, shorts or trousers with logos are not school uniform.
- MHS School hats or any other hats are not to be worn inside any buildings or classroom (boys and girls).
- All collars must be turned down to show the Mitchell High School emblem.

### What should I do if I am not in correct uniform?

Student needs to bring a note from home signed by their parent/carer. This note is to be signed by the Head Teacher in charge of their Period 1 class before class begins.

Upstairs A Block	HT Science
Downstairs A Block	HT TAS
Demountables near A Block	HT TAS
Upstairs/Downstairs C Block	НТ САРА
Upstairs D Block	HT Social Science
Downstairs D Block	HT PDHPE
Library	HT PDHPE
Demountables near the Library	HT PDHPE
Upstairs E Block	HT English
Downstairs E Block	HT Mathematics

You may be required to go to the Administration Office and ask the Administration Office Staff if that item may be loaned for one school day. Students should return the item back to the Administration Office clean and ironed. On return the students name will be marked off the book.

Students not in correct uniform will be penalised if they don't follow the above procedures. Teachers will issue a blue uniform note which students should show their parent/carer(s). Penalties for having offences may include: detentions and a ban from non-assessable excursions, may jeopardise their purchase of a Year 12 jersey and attendance at the Year 12 formal. Repeat offenders have sanctions applied for persistent disobedience.

### Click on the below link to view the DoE Policies

https://education.nsw.gov.au/policy-library/policies/school-uniform-policy https://education.nsw.gov.au/policy-library/a-z

Boys Summer		Girls	
		Sum	imer
Junior	Senior	Junior	Senior
Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.
Mitchell HS navy blue polo with school crest.	Mitchell HS white polo shirt <u>or</u> Mitchell HS long sleeve business shirt with the school crest.	Mitchell HS knee-length navy blue shorts <u>or</u> Mitchell HS navy slacks with school	Mitchell HS knee-length navy blue shorts <u>or</u> navy slacks with school crest.
Mitchell HS grey shorts <u>or</u> grey trousers with school crest.	Mitchell HS grey shorts <u>or</u> grey trousers with school crest.	crest Mitchell HS blue blouse with crest.	Mitchell HS white over blouse with school crest.
White, black or grey school socks.	White, black or grey school socks.	White or black school socks.	Mitchell High School tie.
Black leather lace up shoes. Shoes must have a low heel and polished,	Black leather lace up shoes.	Black leather lace up shoes. Shoes	White or black school socks.
must have a low heel and polished, no boots	Shoes must have a low heel and be polished, no boots	must have a low heel and polished, no boots.	Black leather lace up shoes. Shoes must have a low heel and polished, no boots.
Win			nter
Junior	Senior	Junior	Senior
Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.	Mitchell HS navy blue cap with school crest.
Mitchell HS polo with school crest.	Mitchell HS white polo shirt or	Mitchell HS blue long or	Mitchell HS white long or
Mitchell HS sloppy joe with school crest or	Mitchell HS long sleeve business shirt with the school crest.	short sleeve blouse with school crest.	Mitchell HS short sleeve blouse with school crest.
Mitchell HS woollen jumper with	Mitchell High School tie.	Mitchell HS navy blue slacks knee	Mitchell High School tie.
school crest <u>and/or</u> Mitchell HS blazer with school	Mitchell HS grey shorts with	length or shorts with school crest <u>or</u> Mitchell HS knee-length tartan skirt	Mitchell HS knee-length navy blue
crest. White, black or grey school socks.	school crest <u>or</u> Mitchell HS grey trousers with school crest.	Mitchell HS navy blue spray jacket	shorts or navy slacks with school crest <u>or</u> Mitchell HS navy slacks with school
Black leather lace up shoes. Shoes	Mitchell HS sloppy joe with school	or Mitchell HS navy blue sloppy joe <u>or</u>	crest.
must have a low heel and polished,	crest <u>or</u>	Mitchell HS navy blue blazer with	Mitchell HS sloppy joe with school
no boots.	Mitchell HS woollen jumper with	school crest.	crest <u>or</u>
	school crest <u>or</u> Mitchell HS navy blazer with school crest.	White or black school sock <u>or</u> navy blue or black stockings.	Mitchell HS navy blue woollen jumper with school crest <u>and/or</u> Mitchell HS navy blue blazer with
	White, black or grey school socks.	Black leather lace up shoes. Shoes	school crest.
	Black leather lace up shoes. Shoes must have a low heel and	must have a low heel and polished, no boots.	White or black school socks <u>or</u> navy blue/black stockings.
	polished, no boots.		Black leather lace up shoes. Shoes
	Year 12 jersey in Terms 2 & 3 only.		must have a low heel and polished, no boots.
			Year 12 jersey in Terms 2 & 3 only.
PE and	Sport	Acces	sories
Mitchell HS navy blue cap with schoo	l crest.	Boys:	
Mitchell HS sports shirt with school crest.		Grey or black belts.	
Mitchell HS sports shorts with school crest.		Mitchell HS scarf.	
Joggers.		Girls:	
School tracksuit/spray jacket in winter.		Navy blue or white hair accessories.	
		Mitchell HS scarf. Jewellery allowed includes a watch, s No make-up.	tuds, sleepers and one signet ring.



# MHS SHOE REGULATIONS

<b>Illustrative guide to assist in the purchase of acco</b> **Students need to wear hard leather lace-up shoes that protect their feet agains (WH&S) requirements may result in students who are not wearing shoes with suffici practical activities. If in doubt please purchase lace up shoes or contact the school*:	st drops and spills. Work Health & Safety ent protection being excluded from some
	Acceptable Boys Shoes Features: • Black leather with leather tongue • Laced • Upper foot protection • Non-slip sole
	Acceptable Girls Shoes Features: • Black leather with leather tongue • Laced • Upper foot protection • Non-slip grip
	<ul> <li>Acceptable Sports Shoes</li> <li>Features:</li> <li>Lace up/velcro (no slip ons)</li> <li>Covers all of the top of the foot</li> <li>Provides arch support, ankle support, sole protection &amp; flexibility</li> </ul>
	<ul> <li>Unacceptable Shoes</li> <li>Features: <ul> <li>The majority of the upper foot is unprotected</li> <li>Smooth sole with little or no grip e.g. ballet flats</li> <li>No token/heel</li> <li>Thin soft leather offering little protection</li> <li>Canvas upper e.g. rabens</li> <li>Suede shoes e.g. skate shoes</li> </ul> </li> </ul>



### MHS UNIFORM REQUIREMENTS AND DRESS CODE SUMMARY OF SANCTIONS

'As a student of Mitchell High School I wear my uniform with care and pride to bring credit to myself and my school' (Mitchell High School Code of Dress)

All students are expected to be aware of uniform requirements and to wear the correct uniform every day to follow the Code of Dress. Students not wearing the correct uniform or in breach of the School Code of Dress will be issued with an immediate **uniform note**. Uniform notes can be issued by any member of staff to a student, who has **not** brought a note from home, signed by an approved Head Teacher, explaining why they are temporarily not in school uniform. Details from the teacher's copy of the uniform note will be entered onto Millennium.

If a student does not have the correct uniform without a note or wear their uniform incorrectly, they will be given a detention by the classroom teacher in Period 1. Repeated offences may lead to a student being excluded from excursions, representing the school, in sport, academic and cultural activities, purchasing or wearing a Year 12 Jersey or attending the Year 12 School Formal.

### <u>YEARS 7 - 10</u>

#### The receipt of <u>three (3)</u> uniform notes will result in a uniform breach letter being sent home.

The receipt of **six (6)** uniform notes will result in a warning letter from non-assessable school excursions, representing the school at sporting, academic and cultural events and attending recreational sport outside the school.

The receipt of **nine (9)** uniform notes will result in a ban from non-mandatory excursion(s), representing the school at sporting, academic and cultural events and attending recreational sport outside the school.

### <u>YEAR 11</u>

### The receipt of <u>three (3)</u> uniform notes will result in a uniform breach letter being sent home.

The receipt of **six (6)** uniform notes will:

- result in a warning letter from non-assessable school excursions, representing the school in sporting, academic and cultural events.
- result in a warning letter from purchasing or wearing a Year 12 Jersey.

The receipt of **nine (9)** uniform notes will result in a ban from purchasing a Year 12 Jersey and a ban from nonmandatory excursion(s)/representing the school in sporting, academic and cultural events.

### <u>YEAR 12</u>

#### The receipt of three (3) uniform notes will result in a uniform breach letter being sent home.

The receipt of **six (6)** uniform notes will:

- result in a warning letter from non-assessable school excursion/representing the school in sporting, academic and cultural events.
- result in a warning letter against wearing the Year 12 jersey/jacket and/or attending the Year 12 School Formal.

The receipt of **nine (9)** uniform notes will:

- result in a ban from non-mandatory excursion(s)/representing the school in sporting, academic and cultural events.
- a ban from wearing a Year 12 jersey/jacket if it has been purchased.
- result in a ban from the Year 12 School Formal.

If a student's uniform improves substantially over ten weeks, the ban may be lifted. Further sanctions under the school's discipline procedures will be applied for on-going uniform misdemeanours. The school appeals process applies for any ban for the Year 12 jersey privilege and school formal.



### MHS UNIFORM REGULATIONS



### MITCHELL HIGH SCHOOL UNIFORM REGULATIONS



### MHS SENIOR UNIFORM



### **MHS JUNIOR UNIFORM**

### MHS SHOE REGULATIONS

### BOYS









SPORTS







- Black leather with leather tongue
- Laced
- Leather upper providing protection to upper foot
- Non-slip sole

#### ACCEPTABLE SPORT SHOES:

- Laced up/velcro (no slip ons)
- Covers all of the top of the foot
- Provides arch and ankle support
- Flexible and sole protection

### ACCESSORIES







## ENGLISH AS AN ADDITIONAL LANGUAGE/DIALECT (EAL/D)

The school population at Mitchell High School is about 1001 students. About 52.2% have a language background other than English. Approximately 31% of these students receive support from the EAL/D teachers. There are over 60 different languages other than English spoken by Mitchell High School students and their families.

EAL/D teachers are available to help students with language learning across the curriculum, from Year 7 to Year 12. Students may receive support in EAL/D Roll Call, in class or in small groups, depending on their individual needs.





### **DE International**

The DE International is available to students who enter Australia on a **<u>student visa</u>** (subclass 571P or 500).

DE International answers enquiries and receives and processes applications for study at NSW government schools by student visa holders. If you have further questions about studying at NSW government schools, you can contact us at any time:

#### By mail:

DE International Locked Bag 53 Darlinghurst NSW 1300 Australia

Telephone: 1300 300 229 Fax: 8293 6928 Website: www.deinternationalschool.edu.au



### TEMPORARY RESIDENTS



### **Temporary Residents Program**

The Temporary Residents Program allows eligible students with temporary resident visas to study in a NSW government school (Kindergarten to Year 12)

The Temporary Residents Unit receives and processes applications for study at NSW government schools by temporary resident visa holders.

### By mail:

Temporary Residents Unit Locked Bag 7004 Wollongong NSW 2520 Australia

Telephone: 1300 300 229 Fax: 8293 6928 Website: www.deinternationalschool.edu.au



### A FINAL WORD FROM THE PRINCIPAL

If you have any questions or problems with settling in or you are uncertain of anything, please feel welcome to see any of the staff, the Year Adviser or Deputy Principals. They will be only too willing to make your time at Mitchell High School rewarding, both educationally and socially.

> Ms E. Marinis Principal

### MITCHELL HIGH SCHOOL

Address:	Keyworth Drive Blacktown NSW 2148
Telephone:	(02) 9622 9944 / (02) 9622 8926
Fax:	(02) 9831 2805
Email:	mitchell-h.school@det.nsw.edu.au
Website:	www.mitchell-h.schools.nsw.gov.au